

MadhaTalukaShikshanPrasarakMandal's  
**K N. Bhise Arts, Commerce and VinayakraoPatil  
Science College, Vidyanagar, Bhosare**

Paranda Road, Kurduwadi, Tal- Madha, Dist Solapur Pin- 413208 (Maharashtra)

Email: - [knbacck@yahoo.co.in](mailto:knbacck@yahoo.co.in)

Phone No. :- (02183)223245

Fax No. :- (02183)223245

**Ref. No. KNBACCK/**

**Date: 16/11/2022**

## Activity Report

Name of the Department/ Committee : Microbiology  
Activity Report Year : 2022-23  
Name of the activity : Antibiotic Awareness week

Date	Faculty	Department	Coordinator Name
16/11/2022	Science	Microbiology	Snehalata Jadhav
Time	Venue	Activity for the class/ group	Nature of the activity
10-11 am	Department of Microbiology	All Students and teachers	Poster and campaign

Support/ Assistance: All Staff members

General information of the activity

Topic of the Activity	Antibiotic Awareness
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Objective for conductive the activity	To spread awareness among the community about the use of Antibiotics
Methodology	Display of posters and explaining visitors
Outcome	People came to know about the dangers of unattended antibiotic use.
Participants Number	60

Proofs attached: letters/ Students list of participation/ Photos/ certificate etc

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(Baske Sir from Junior Science College visiting the poster presentation event)



(Students of the Department observing and understanding the subject)



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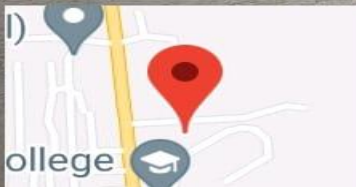
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Ref. No. **KNBACCK/**

**Date: 16/11/2022**



**Kurduvadi Maharashtra India**

**26°C**

**4C3M+9FC, Kurduvadi, Maharashtra 413208, India**

**Lat: 18.10 | Long: 75.43**

**16/11/2022 10:28 am, GMT+05:30**

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(Students mob visiting the poster presentation venue)





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माडा तालुका शिक्षण प्रसारक मंडळ संचालित,  
**के. एन. भिसे आर्ट्स कॉमर्स अँड विनायकराव पाटील सायन्स  
कॉलेज, विद्यानगर भोसरे**

मरांडा रोड, विद्यानगर भोसरे ता. माडा जि. सोलापूर ४१३ २०८ (महाराष्ट्र)

ई-मेल :- [knbacck@yahoo.co.in](mailto:knbacck@yahoo.co.in)

सुरक्षणीकरण क्र. (०२१८३) २२३२४५

NAAC Reaccredited - 'A' Grade with CGPA.3.10

केंद्रमंडळनाम (०२१८३) २२३२४५

जा.क्र. : केएनबीएसोव्हीपीसीके/२०२२-२३/

दिनांक : १६/११/२०२२

**सूचना**

वरीष्ठ महाविद्यालयातील सर्व विद्यार्थ्यांना सूचित करण्यात येते की, Antibiotic Awareness Week 2022 निमित्त आज दि. १६.११.२०२२ रोजी सूक्ष्मजीवशास्त्र विभागामार्फत पोस्टर चे प्रदर्शन आयोजित करण्यात आले आहे. तरी सकाळी १०:०० ते ११:०० या वेळेत सूक्ष्मजीवशास्त्र विभागातील प्रयोगशाळे समोरील जागेत प्रदर्शनास भेट देऊन शोभा वाढवावी.

*[Signature]*

प्रभारी प्राचार्य  
के.एन.भिसे आर्ट्स, कॉमर्स अँड  
विनायकराव पाटील सायन्स कॉलेज  
विद्यानगर भोसरे, जि. सोलापूर

१) Dr. Parbhakar R. G.

२) Dr. Mohite. S. V.

३) Mr. Shajal B.R.

४) Dr. Lalghamane V. B.

५) Mr. Goyal P. M.

६) Ajinkya More

७) Pankaj M. M. (R.S. J.P.R.)

*[Signature]*

*[Signature]*

*[Signature]*

*[Signature]*

*[Signature]*

*[Signature]*

*[Signature]*

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**के. एन. भिसे आर्ट्स कॉमर्स अँड विनायकराव पाटील  
सायन्स कॉलेज, विद्यानगर भोसरे**

परंदा रोड, विद्यानगर भोसरे ता. माढा जि. सोलापूर ४१३ २०८ (महाराष्ट्र)

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दिनांक : १५/११/२०२२

प्रति,

मा. मुख्याध्यापक.

विनायकराव पाटील संचालित  
विद्यानगर भोसरे  
कुडवाडी

**विषय : प्रतिजैविक (Autibiotic) जनमागृती सप्ताह निमित्त पोस्टर तसेच सूक्ष्मजीवशास्त्र  
प्रयोगशाळा पाहण्यासाठी शाळेतील मुलांना आमंत्रित करणेबाबत..**

मा.महोदय,

दि १३.११.२०२२ ते १९.११.२०२२ हा सप्ताह WHO मार्फत Autibiotic Awareness Week म्हणून साजरा केला जातो. त्यानिमित्त आम्ही सूक्ष्मजीवशास्त्र विभागामार्फत पोस्टर चे प्रदर्शन आयोजित केले आहे. तरी त्याला भेट देण्यासाठी आपल्या शाळेतील ९ व १० वी चे निवडक विद्यार्थी विज्ञान शिक्षकांसोबत दि १६.११.२०२२ रोजी सकाळी १०:०० ते ११:०० या वेळेत आपण पाठवून सहकार्य करावे अशी नम्र विनंती.

धन्यवाद

कळावे

स्थळ : Science Building Wing B- दुसरा मजला

वेळ : सकाळी १०:०० ते ०१:००

आपला विश्वासू  
प्रभारी प्राचार्य  
के.एन.भिसे आर्ट्स, कॉमर्स अँड  
विनायकराव पाटील सायन्स कॉलेज  
विद्यानगर भोसरे, जि.सोलापूर

for  
मुख्याध्यापक  
विनायकराव पाटील विद्यालय  
विद्यानगर भोसरे, ता.माढा

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16-11-22

Wednesday

Page No.

Date

Antibiotic Awareness week

Student Attendance.

Sr No	Name	class	Sign.
①	Afreen Telihe Jamadar	Bsc. III	Jamadar
②	Sanjana devidas Mane	BSC. III	Sanjana
③	Aruna Rajaram Tonape	BSC. III	Tonape
④	Sanika Tanali Chavan	B. Sc III	Sanika
⑤	Aishwarya Yuvraj Lengare	BSC-III	Aishwarya
⑥	Rutuja Yuvraj Bagal	BSC-III	Bagal
⑦	Shirani Vitthal Bagal	B.Sc - III	Bagal
⑧	Langote Somavati mahadev	B. SC III	Langote
⑨	Ghugre Neha bhanaojdy	BSC III	N. Ghugre
10)	Patil Krantiksha Kiran	B. SC III	Patil
11)	Gurav Bharati Manaji	B. sc III	Gurav
12)	Mulani Sajid Dilawar	B.S.C III	S. D. Mulani
13)	Doke Shekhare Ashok	B. SC III	Doke
14)	Parbat Manoj Dnyandev	B. SC III	Parbat
15)	Misal Aniket Prakash	B. SC III	A. P. Misal
16)	Dhonde Supriya Goreakh	B. SC II	Dhonde
17)	Gapate Sakshi Siddeshwar	Bsc II	Gapate
18)	Awacha Amruta Hanumant	BSC II	Amruta
19)	Bedkute Pravin Shrimant	B.S.C. III	Bedkute
20)	Barak Dilip Sonagga	B. sc III	Barak
21)	Bagal Saurabh Subhash	B. sc III	S. Bagal
22)	Goee Sayali Sayaji	B. Sc III	Goee
23)	Kadam Aakanksha Ramesh	B. sc III	Kadam
24)	Kale Neha Ganesh	B. sc III	Kale
25)	Bagal Gauri Dilip	B. sc III	Bagal
26)	Chavan Megha Namdev	B. sc III	Chavan
27)	Bagal Sakshi Dattatray	B. sc III	Bagal



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16/11/22

Poster Presentation

Attendans

Sr No.	Name	class	sign
1	yashraj kamble.	11	
2	Omkar kamble	11	
3	Ahemad sayyad	11	
4	Aditya Jagtap	11	
5)	Revindra knot	11	
6)	ADITJA Godase	11	
7)	Ameeta Adasul	12	
8)	Radhika patil	12	
9)	Varsha Jagtap	12	
10)	Mitali Kerkale	12	
11)	Gautami Yermalkar	12	
12)	Jrushthi Ubale	12	
13)	Nikita Patil	12	
14)	Sneha vilas patil	12	
15)	Sakshi Bhajandas Bagal	12	
16)	sakshi dhaggude	12	
17)	Neha Parbat	12	
18)	Pratibha ubale	11	
19)	Ujjaini Jagtap	11	
20)	Pratiksha Bagal	11	
21)	Anuja Patil	11	
22)	Renuka Narute	11	
23)	Prachi Ohol	11 <sup>th</sup>	
24)	Pragati Shinde	11 <sup>th</sup>	

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sr. No	Name	class	sign
25)	Pradnya Khune	11 <sup>th</sup>	P.M.Khune
26)	Priya Parbat	11 <sup>th</sup>	<del>Priya</del>
27)	Priya Ingale	11 <sup>th</sup>	P.P. Ingale
28)	Vrushalikhandale	11 <sup>th</sup>	<del>Vkhandale</del>
29)	Mayuri shinde	11 <sup>th</sup>	M.D. shinde
30)	Vaishnavi Baske	11 <sup>th</sup>	<del>VB</del>
31)	Shireen shake	11 <sup>th</sup>	
32)	Sanika parbat	11 <sup>th</sup>	<del>Sparbat</del>
33)	Nandini Bagal	11 <sup>th</sup>	Nandini



“Sahane Karuni Sodave Sakal Jan”

Madha Taluka Shikshan Prasarak Mandal's

**K. N. Bhise Arts, Commerce and Vinayakrao Patil Science**

**College Vidyanagar, Bhosare**

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## Activity Report

Name of the Department/ Committee : NSS  
Activity Report Year : 2022-2023  
Name of the activity : Savitribai Phule Jayanti

Date	Faculty	Department	Coordinator Name
3 <sup>rd</sup> January 2023	Dr. Atul Kadam	NSS	Dr. Atul Kadam
Time	Venue	Activity for the class/ group	Nature of the activity
10:00 am to 12.00 am	Auditorium Hall	NSS Students	Image worship and lectures

Support/ Assistance:

General information of the activity

Topic of the Activity	Life and work of Savitribai Phule
-----------------------	-----------------------------------

Objective for conductive the activity	To create awareness among students about women's rights
Methodology	Lecture
Outcome	The 107 volunteers got to know the work done by Savitribai Phule for the rights of women and they learned to follow the example of Savitribai in their lives.

Proofs attached: letters/ Students list of participation/ Photos/ certificate etc





माढा तालुका शिक्षण प्रसारक मंडळ संचलित,  
**के.एन.भिसे आर्टस् ,कॉमर्स अॅण्ड विनायकराव पाटील**  
**सायन्स कॉलेज, विद्यानगर, भोसरे**



परांडा रोड, विद्यानगर, भोसरे ता. माढा जि. सोलापूर - ४१३२०८ (महाराष्ट्र)

ई मेल : [knbacck@yahoo.co.in](mailto:knbacck@yahoo.co.in)

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कार्यालय फोन नं. : (०२१८३) २२३२४५

फॅक्स क्रमांक : (०२१८३) २२३२४५

जा.क्र. : के.एन.बी.ए.सी.ए.व्ही.पी.सी.के.....

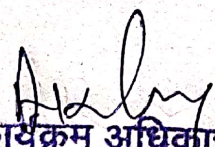
दिनांक : २५/१२/२०२२

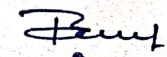
प्रती,  
मा. डॉ. प्रा. डॉ. संगिता पैकेकरी  
कला आणि वाणिज्य महाविद्यालय, माढा  
ता. माढा जि. सोलापूर

**विषय - ०३ जानेवारी २०२३ रोजी बालिका दिना निमित्त आयोजित व्याख्यानमध्ये  
प्रमुख वक्ता म्हणून उपस्थित राहणेबाबत.**

महोदया,

वरील विषयास अनुसरून आमच्या महाविद्यालयात राज्यशास्त्र विभाग व राष्ट्रीय सेवा योजना विभाग यांच्या संयुक्त विद्यमाने "बालिका दिनाचे" औचित्य साधून मंगळवार दि. ०३/०१/२०२३ रोजी सावित्रीबाई फुले यांचे जीवन व कार्य याविषयावर वरील व्याख्यान आयोजित केला आहे. तरी आपण या कार्यक्रमासाठी उपस्थित रहून सर्वाना मार्गदर्शन करावे ही विनंती.

  
कार्यक्रम अधिकारी  
राष्ट्रीय सेवा योजना विभाग,  
के.एन.भिसे आर्टस्, कॉमर्स अॅण्ड विनायकराव पाटील सायन्स कॉलेज,  
विद्यानगर, भोसरे.

  
प्रभारी प्राचार्य  
के.एन.भिसे आर्टस्, कॉमर्स अॅण्ड  
विनायकराव पाटील सायन्स कॉलेज  
विद्यानगर भोसरे, जि. सोलापूर



माढा तालुका शिक्षण प्रसारक मंडळ संचलित,

**के.एन.भिसे आर्टस्, कॉमर्स अॅण्ड विनायकराव पाटील  
सायन्स कॉलेज, विद्यानगर, भोसरे**



परांडा रोड, विद्यानगर, भोसरे ता. माढा जि. सोलापूर - ४१३२०८ (महाराष्ट्र)

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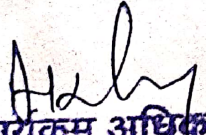
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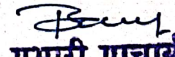
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दि. ०३-०९-२०२३

**प्रमाणपत्र**

प्रमाणपत्र देण्यात येते की, आमच्या महाविद्यालयात राज्यशास्त्र विभाग व राष्ट्रीय सेवा योजना विभाग यांच्या संयुक्त विद्यमाने "बालिका दिनाचे" औचित्य साधून मंगळवार दि. ०३/०९/२०२३ रोजी "सावित्रीबाई फुले जीवन आणि कार्य" याविषयावर विशेष व्याख्यान आयोजित केले होते. याप्रसंगी मा. प्रा. डॉ. संगिता पेकेकरी ( कला आणि वाणिज्य महाविद्यालय, माढा ता. माढा जि. सोलापूर), यांनी उपस्थित राहून विद्यार्थी, विद्यार्थिनी, प्राध्यापक व सर्व उपस्थितांना मार्गदर्शन केले आहे. याबद्दल आम्ही त्यांचे आभारी आहोत. पुढील कार्यक्रमांमध्ये असेच सहकार्य लाभावे अशी अपेक्षा.

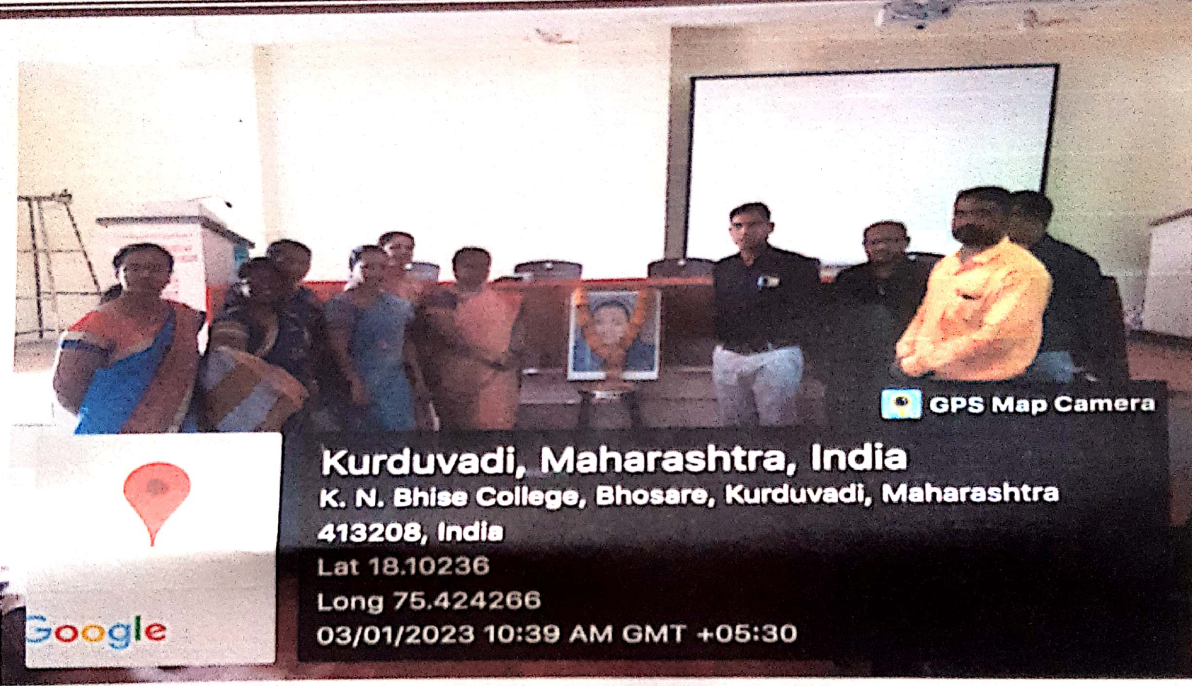
  
कार्यक्रम अधिकारी  
राष्ट्रीय सेवा योजना विभाग,  
के.एन.भिसे आर्टस्, कॉमर्स अॅण्ड विनायकराव पाटील सायन्स कॉलेज  
विद्यानगर, भोसरे.

  
प्रभारी प्राचार्य  
के.एन.भिसे आर्टस्, कॉमर्स अॅण्ड  
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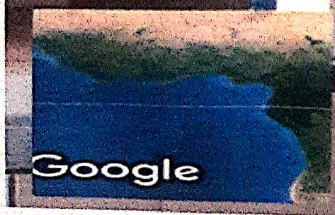
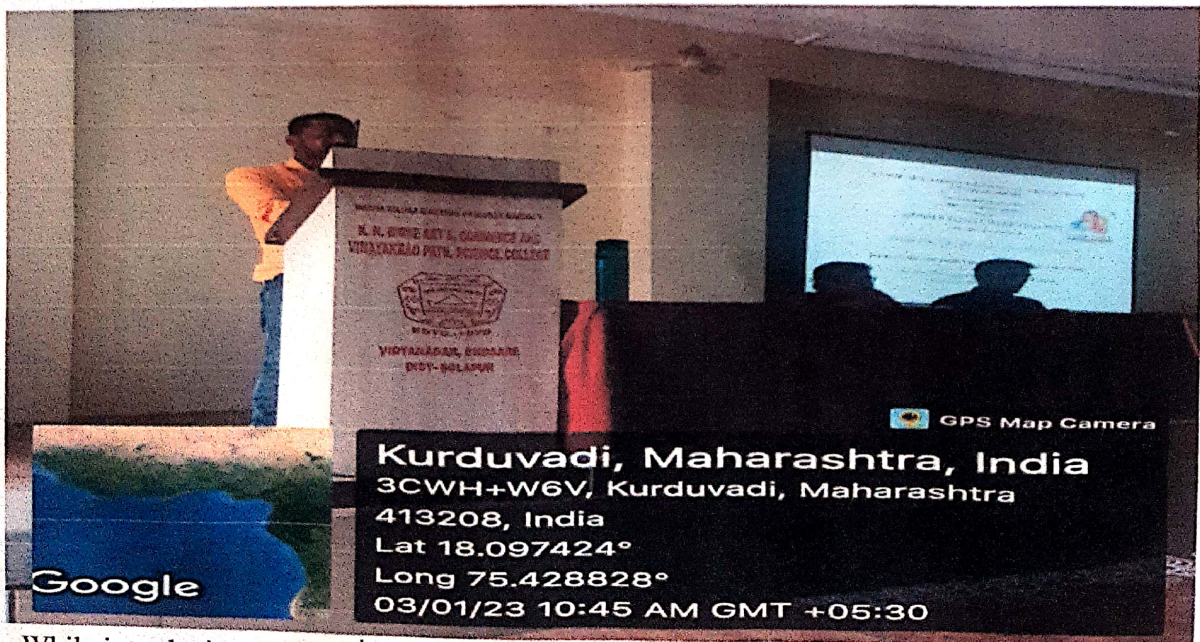
"Sahane Karuni Sodave Sakal Jan"

Madha Taluka Shikshan Prasarak Mandal's  
**K. N. Bhise Arts, Commerce and Vinayakrao Patil Science  
 College Vidyanagar, Bhosare**  
 Paranda Road, Vidyanagar Bhosare Tal-Madha Dist-Solapur Pin-413 208  
 (Maharashtra)  
 E-mail :- [knbacck@yahoo.co.in](mailto:knbacck@yahoo.co.in)  
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 Phone No. :- (02183)223245 Fax No. :- (02183)223245



**Kurduvadi, Maharashtra, India**  
 K. N. Bhise College, Bhosare, Kurduvadi, Maharashtra  
 413208, India  
 Lat 18.10236  
 Long 75.424266  
 03/01/2023 10:39 AM GMT +05:30

All dignitaries worshipping the image of Savitribai Phule



**Kurduvadi, Maharashtra, India**  
 3CWH+W6V, Kurduvadi, Maharashtra  
 413208, India  
 Lat 18.097424°  
 Long 75.428828°  
 03/01/23 10:45 AM GMT +05:30

While introducing the 192<sup>nd</sup> birth anniversary program of Savitribai Phule, Project Officer Prof. Dr. Atul Kadam



“Sahane Karuni Sodave Sakal Jan”

Madha Taluka Shikshan Prasarak Mandal's

**K. N. Bhise Arts, Commerce and Vinayakrao Patil Science  
College Vidyanagar, Bhosare**

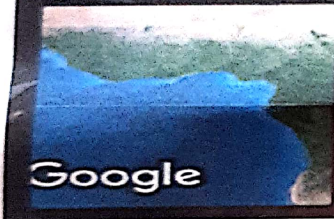
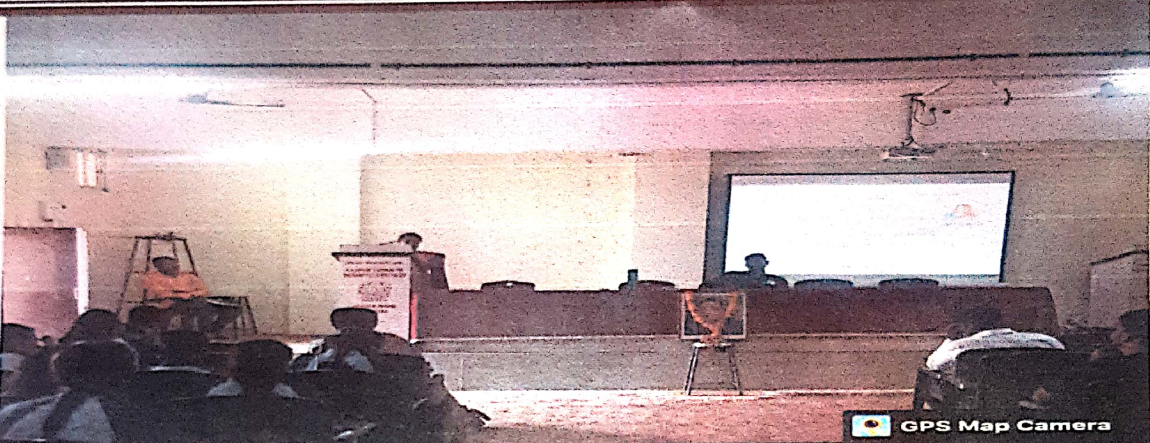
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**Kurduvadi, Maharashtra, India**

3CWH+W6V, Kurduvadi, Maharashtra

413208, India

Lat 18.097424°

Long 75.428828°

03/01/23 11:24 AM GMT +05:30

Prof. Dr. Sangeeta Pakekari while guiding the audience



**Kurduvadi, Maharashtra, India**

K. N. Bhise College, Bhosare, Kurduvadi, Maharashtra

413208, India

Lat 18.10236

Long 75.424266

03/01/2023 10:47 AM GMT +05:30

Listeners present at the lecture on Prof. Dr. Sangeetha Prakriti





माढा तालुका शिक्षण प्रसारक मंडळ संचलित,  
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ता. माढा जि. सोलापूर - ४१३२०८

E-mail: knbacck@yahoo.co.in

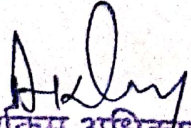
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नॅक मानांकन  
बी' ग्रेड

कार्यालय फोन नं. : (०२१८३) २२३२४५

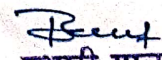
'सावित्रीबाई जयंती' (Savirtibai Jaynti) हजेरी पत्रक ०३-०१-२०२३

अ. नं.	स्वयंसेवकाचे नाव	मोबाईल नंबर	वर्ग	सही
१	Aishwarya Rahul Satarkar		B-A.T	Satarkar A.R
२	Nikita Nagnath Ghodake	8411053493	A.A.T	N.N. Ghodake
३	Aarti bhonditkar Ingle		B.A.T	A.D. Ingle
४	Aishwarya Subhash Salunke		B.A.T	A.S. Salunke.
५	Rutuja Satish Patil	7744897930	B.SC-I	Patil
६	Anantkulkas Sanika Arjun	9370560502	B.SC-I	SA. Anantkulkas.
७	Ubale Gitanjali Rajendra	9284849304	B.SC-I	G.R. Ubale
८	Khure Mayuri Mahadev		B.SC-I	Khure M
९	Puja Dnyandeo Gavali	8080198144	BSC-I	P. Gavali
१०	Meghana Sudhir Kabade	7038263383	B.Sc.-I	M. Kabade
११	Supriya Suresh Dhore	9699335701	B.Sc.-I	Dhore
१२	Anil Hanumant Gaikwad		B.COM III	A. Gaikwad
१३	Aaman Munna Mulani		B.COM III	A. Mulani
१४	Prashant Naganath Shinde		B.COM III	P. Shinde
१५	Vijay Naganath Mohite		B.COM III	V. Mohite
१६	Santosh Naganath Taketkar	935987769	B.COM III	S. Taketkar
१७	Abdul Sheikh	8180015175		A. Sheikh
१८	Navaj Shikh			N. Shikh
१९	Bhagu Monali Ramchandra	9146859602	BSC I	B. Monali M.R
२०	Yadav Tejishai Chandrakant	9689145919	BSC I	Y. Tejishai C
२१	Pawar Sakshi Kartik	9730549857	BSC-I	S.K. Pawar
२२	Gaikwad Rutuja Vishnu	8010662665	BSC-I	R.V. Gaikwad
२३	Patil Yashaswi Dhananjay	9767472709	B.Sc.-I	Y. Patil
२४	Bhagavant Mohini Baliram	8799970617	BSC-I	B. Mohini B.
२५	Nimbalkar Sakshi Vitthal	9623484331	BSC-I	S. Nimbalkar

  
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नॅक मानांकन

'६' ग्रेड

कार्यालय फोन नं. : (०२१८३) २२३२४५

'सावित्रीबाई जयंती' (Savirtibai Jaynti) हजेरी पत्रक ०३-०१-२०२३

२६	Kadam Samruddhi Santosh	९०८०७५६६५	BSC-I	Kadam
२७	Vasekar Pallavi lahu	७०३९९९८५५१	BSC-I	Vasekar
२८	Jadhav Namrata sanjay	३०८०९८३१२०	BA-I	Namrata
२९	Godage Srushti Dhanaji	७०५८९३७९३	BA-I	S.D. Godage
३०	kamble shivratna baddasheh	८५११९२५४६६	B.COM IT	S.B. Kamble
३१	Bhange Apeksha Avinash	८६०५६७१५५२	B.A.II	Bhange
३२	Gore parvati Dilip	७७५१९१२६१८	B.A.II	P.D. Gore
३३	bagal sanket shivaji	७२७६०७३९५९	B.A-I	bagal
३४	Gailwad Gaurav Dattatray	८०१०४०८७३३	BA-I	Gaurav
३५	pratiksha Aisule	७५५८७६१६८९	B.A.II	Pratiksha
३६	snehal Athawale	९३५६९०५९२९	B.A.II	S. M. Athawale
३७	Anjali Gore	९७३०६५५११९	B.A.II	A.B. Gore
३८	Rishikesh Anny Sadhana	७०३९९५७९९७	B.A.II	Rishikesh
३९	Jadhav sanjay Hanumanth	७७९६६९८०८२	B.A.II	Jadhav
४०	Altaf Ahmad shaikh	९३०७२७२१२१	B.A.II	A. Shaikh
४१	Chand Vajir Magal	८६६९७१६५९७७	BA-II	Chand
४२	Hanshad Sumit Mastud	७५१७६६५१०१	B.A.II	Hanshad
४३	Jadhav Sanket Tukaram	९३०७२५५४३९	B.A.II	S.T. Jadhav
४४	AKASH RAUINDRA CHANDANE	९५२७६१९२००	B.A.II	AKASH
४५	Abhishhek Ravindra Chandane	९५५०९२७९२३	B.A.II	Abhishhek
४६	Lokare Tukaram Daryaba	९७६३१२३६५१	B.SC I	Lokare
४७	Dongare Saurav Mahadev	५३२२४६६७१७	B.SCE	Dongare S.M.
४८	Ghodake Nikhil Maynath	८०१०९६३०३६	B.SCE	Ghodake
४९	Sumit Sunil Mande	८४८३८९३८५५	B.COM IT	Sumit
५०	Pravin manna malani	७५९८१०५१८९	B.COM IT	Pravin
५१	Kadam A. H.	९५२००९३७९२	Staff	A. H.

कार्यक्रम अधिकारी

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Pravin

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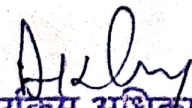
नॅक मानांकन

बी' ग्रेड

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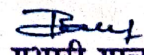
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५२	Manasi Hanumanth Ghadage	8329064060 भा.	BSC-FY	<del>MB</del>
५३	Rutuja Satish patil	7744897930	BSC-FY	R.S:Patil
५४	Rutuja Rajkumar Bagal	8767564738	B.S.C.FY	R.R. Bagal
५५	Krantiksha Kiran Patil	9421060557	B.S.C.TY	PatilKS.
५६	Nandini Satish Asware.	9359249100	B.S.C.FY	Aswari.
५७	Shruti Shankar Mai	7219807195	B.S.C.FY	Shrutismau.
५८	mane subhash manoj	937002577	BA-F	S Mane
५९	Pnuthviraj madancharan	912840166	BA-I	Pm charan
६०	vikas shankar R suran	8605982561	BA-I	<del>VS</del>
६१	Prajakta Anil Rasal	9894877823	B.COM-III	P.A.Rasal
६२	Chaitanya Ramesh masalkar	9607365729	B.S.C. II	Chait
६३	Subas Dhanaji Gavali	8010692350	B.S.C. I	Gavali
६४	shinde udaykumar vishnu	7065785710	B.S.C-I	shinde
६५	Udale Aniket Parmeshwar	8749859779	B.S.C-I	Udale
६६	shinde Nirmangem Nounath	9973920730	B.S.C-I	Nshinde
६७	Jadhav Prashant Rajaram	81161543096	B.S.C-I	Jadhav
६८	Udayraje Pandit Parbat	7276754011	B.S.C-I	Udayraje
६९	Nimbalkar Sakshi vitthal	9623484331	B.S.C-I	Nsakshi
७०	Vasekar Pallavi Kahu	7058896551	B.S.C-I	VasekarP
७१	Kadam Sambuddhi Santosh	8080745645	B.S.C-I	SKadam
७२	khare Anurbi vilas	9665231465	B.S.C-I	Khare
७३	Madane shital shivaji	97340915070	B.S.C-I	S.S.Madane
७४	More Suksena Shivaji	9651055930	B.S.C-II	S.S.MORE
७५	khair shital shivaji	7038957693	B.S.C-II	S.S.Khair
७६	Navale Rutuja	932209788	B.S.C-II	Navale
७७	Navale Rutuja Binchu	8788006200	B.S.C-II	Navale

  
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नॅक मानांकन  
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कार्यालय फोन नं. : (०२१८३) २२३२४५

'सावित्रीबाई जयंती' (Savirtibai Jaynti) हजेरी पत्रक ०३-०१-२०२३

७८	Awachar Rohidas Shivaji	9325694314	B.Sc.III	Rus
७९	Bhosale Ritesh Vijay Kumar	7083845821	B.Sc.II	R.V.Bhosale
८०	Rushikesh Sadpute	7638957887	B.A.II	Rushikesh
८१	Mogal Chand Vajir	866977165	B.A.-II	Mogal
८२	Shaikh Abdel Nisar	880015775	B.Com	Shaikh
८३	Sawruk In Himraj Juyar	8551832543	B.Com	Sawruk
८४	Asware APPA Satish	7776831867	B.A.III	A.S.Asware
८५	Karan Rajendra Chavan	9021962976	B.Com	Chavan.K.R.
८६	Mahadik Suraj Shashikant	9022997032	B.Sc.II	Suraj
८७	Prabhat Pravin Vijay	9834764011	B.Sc.II	P.V.Prabhat
८८	Baske Gangal Kisan	9673948330	B.Com I	G.K.Baske
८९	Shaikh Mahesh Shakir	8319877884	B.Com I	M.S.Shaikh
९०	Kadam Janhavi Sunil	9011340496	B.Com I	J.Kadam
९१	Dabade Tyotsna Rajendra	8010551011	B.Com I	T.R.Dabade
९२	Shaikh Sunay Shajal	7218629889	B.Com I	S.S.Shaikh
९३	Chavan Megha Namdev	9860558173	B.Sc.III	Megha
९४	Kale Neha Ganesh	9960866952	B.Sc.III	Neha
९५	Gurav Rushali Pandurang	7350617643	B.Sc.III	Rushali
९६	Kale Nikita Ganesh	9960866952	B.Sc.III	Nikita
९७	Nalawade Harshada Hanuman	7498430553	B.Sc.III	H.H.Nalawade
९८	Gidde Nikita Sanjay	7447226569	B.Sc.II	Nidde
९९	Wagh Shubhangi Satish	8459952405	-II-	Wagh
१००	Yadav Radha Vitthal	8446314192	-II-	Radha
१०१	Kanhere Mohini Varkus	8591058766	B.Sc.III	Kanhere.H.V.
१०२	Mande Pranjali Kalyan	9356862214	B.Sc.III	P.K.Mande
१०३	Patil Rutuja Satish	7724897930	B.Sc-I	Patil

कार्यक्रम अधिकारी  
राष्ट्रीय सेवा योजना विभाग,  
के.एन.भिसे आर्ट्स, कॉमर्स अँड विनायकराव पाटील सायन्स कॉलेज,  
विद्यानगर, भोसरे, जि. सोलापूर

प्रभारी प्राचार्य  
के.एन.भिसे आर्ट्स, कॉमर्स अँड  
विनायकराव पाटील सायन्स कॉलेज  
विद्यानगर भोसरे, जि. सोलापूर



माढा तालुका शिक्षण प्रसारक मंडळ संचलित,  
के.एन.भिसे आर्टस्, कॉमर्स अॅण्ड विनायकराव पाटील सायन्स कॉलेज, विद्यानगर, भोसरे  
ता. माढा जि. सोलापूर - ४१३२०८

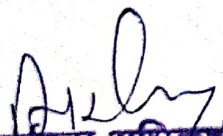
E-mail: knbacck@yahoo.co.in  
website: www.knbacck.com

नॅक मानांकन  
बी' ग्रेड

कार्यालय फोन नं. : (०२१८३) २२३२४५

'सावित्रीबाई जयंती' (Savirtibai Jaynti) हजेरी पत्रक ०३-०१-२०२३

१०४	Komal Jotikarn Tarkar	9821793202	B.Sc FY	K.T. Tarkar
१०५	Manasi Hanumant Ghadage	8329064060	B.Sc. FY	M.H. Ghadage
१०६	Bagal Sakshi Dattatray	7709507137	B.Sc-TY	Bagal.
१०७	Bagal Radhika Govardhan	8180083630	B.Sc TY	Bagal.

  
कार्यक्रम अधिकारी

राष्ट्रीय अॅण्ड विभाग,

के.एन.भिसे आर्टस्, कॉमर्स अॅण्ड विनायकराव पाटील सायन्स कॉलेज,



प्रभारी प्राचार्य

के.एन.भिसे आर्टस्, कॉमर्स अॅण्ड  
विनायकराव पाटील सायन्स कॉलेज  
विद्यानगर भोसरे, जि. सोलापूर





“Sahane Karuni Sodave Sakal Jan”

Madha Taluka Shikshan Prasarak Mandal's

**K. N. Bhise Arts, Commerce and Vinayakrao Patil Science  
College Vidyanagar, Bhosare**

Paranda Road, Vidyanagar Bhosare Tal-Madha Dist-Solapur Pin-413 208  
(Maharashtra)

E-mail :- [knbacck@yahoo.co.in](mailto:knbacck@yahoo.co.in)

(NAAC Third Cycle "A" Grade with 3.10 CGPA)

Phone No. :- (02183)223245

Fax No. :- (02183)223245

## Activity Report

Name of the Department/ Committee : NSS  
Activity Report Year : 2022-2023  
Name of the activity : Constitution Day

Date	Faculty	Department	Coordinator Name
26 <sup>th</sup> November 2022	Dr. Atul Kadam	NSS	Dr. Atul Kadam
Time	Venue	Activity for the class/ group	Nature of the activity
08:00 am to 11.00 am	College Campus	NSS Students	Celebrating Constitution Day

Support/ Assistance:

General information of the activity

Topic of the Activity	Celebrating Constitution Day
Objective for conductive the activity	There should be awareness and information about the constitution among citizens and volunteers.
Methodology	Lecture
Outcome	87 Citizens and Volunteers were informed about important matters in the Constitution.

Proofs attached: letters/ Students list of participation/ Photos/ certificate etc



माढा तालुका शिक्षण प्रसारक मंडळ संचालित,

**के.एन.भिसे आर्टस्, कॉमर्स अँड विनायकराव पाटील  
सायन्स कॉलेज, विद्यानगर, भोसरे**



परांज रोड, विद्यानगर, भोसरे ता. माढा जि. सोलापूर - ४१३२०८ (महाराष्ट्र)

ई मेल : [knbacck@yahoo.co.in](mailto:knbacck@yahoo.co.in)

(NAAC Third Cycle "A" Grade with 3.10 CGPA)

कार्यालय फोन नं. : (०२१८३) २२३२४५

फॅक्स क्रमांक : (०२१८३) २२३२४५

जा.क्र. : के.एन.बी.ए.सी.ए.व्ही.पी.सी.के. २७०६/२०२२

दिनांक : २०/११/२०२२

प्रती,

मा. डॉ. आर. जी. पंतुलवार

इतिहास विभाग प्रमुख


के. एन. भिसे आर्टस्, कॉमर्स अँड विनायकराव पाटील सायन्स कॉलेज,

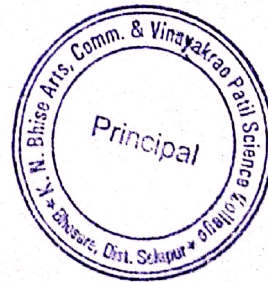
भोसरे, ता. माढा जि. सोलापूर


**विषय - २६ नोव्हेंबर २०२१ रोजी संविधान दिना निमित्त आयोजित व्याख्यानमध्ये प्रमुख वक्ता म्हणून उपस्थित राहणेबाबत.**

महोदय,

वरील विषयास अनुसरून आमच्या महाविद्यालयात राज्यशास्त्र विभाग व राष्ट्रीय सेवा योजना विभाग यांच्या संयुक्त विद्यमाने संविधान दिनाचे औचित्य साधून शनिवार दि. २६/११/२०२२ रोजी संविधान परिचय सर्वांचा अधिकार याविषयावर वरील व्याख्यान आयोजित केला आहे. तरी आपण या कार्यक्रमासाठी उपस्थित रहून सर्वांना मार्गदर्शन करावे.

  
**कार्यक्रम अधिकारी**  
राष्ट्रीय सेवा योजना विभाग,  
के.एन.भिसे आर्टस्, कॉमर्स अँड विनायकराव पाटील सायन्स कॉलेज  
विद्यानगर, भोसरे.



  
**Principal**  
K. N. Bhise Arts, Comm. & Vinayakrao  
Patil Science College,  
Vidyanagar Bhosare, Dist. Solapur

Received  
R.G. Bhat  
25/11/22





माढा तालुका शिक्षण प्रसारक मंडळ संचलित,

**के.एन.भिसे आर्ट्स, कॉमर्स अँड विनायकराव पाटील  
सायन्स कॉलेज, विद्यानगर, भोसरे**



परांडा रोड, विद्यानगर, भोसरे ता. माढा जि. सोलापूर - ४१३२०८ (महाराष्ट्र)

स्वातंत्र्याचा अमृत महोत्सव

ई मेल : [knbacck@yahoo.co.in](mailto:knbacck@yahoo.co.in)

(NAAC Third Cycle "A" Grade with 3.10 CGPA)

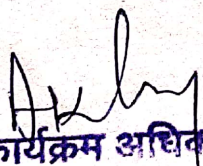
कार्यालय फोन नं. : (०२१८३) २२३२४५

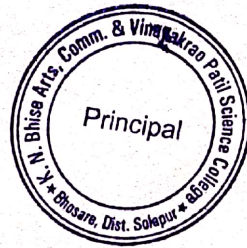
फॅक्स क्रमांक : (०२१८३) २२३२४५

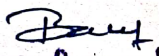
दि. २६-११-२०२२

**प्रमाणपत्र**

प्रमाणपत्र देण्यात येते की, आमच्या महाविद्यालयात राज्यशास्त्र विभाग व राष्ट्रीय सेवा योजना विभाग यांच्या संयुक्त विद्यमाने संविधान दिनाचे औचित्य साधून शनिवार दि. २६/११/२०२२ रोजी "संविधान परिचय सर्वांचा अधिकार" याविषयावर विशेष व्याख्यान आयोजित केले होते. याप्रसंगी मा. प्रा. डॉ. आर. जी. पंतुलवार (इतिहास विभाग प्रमुख, के. एन. भिसे आर्ट्स, कॉमर्स अँड विनायकराव पाटील सायन्स कॉलेज, विद्यानगर, भोसरे ता. माढा जि. सोलापूर), यांनी उपस्थित राहून विद्यार्थी, विद्यार्थीनी, प्राध्यापक व सर्व उपस्थितांना मार्गदर्शन केले आहे. याबद्दल आम्ही त्यांचे आभारी आहोत. पुढील कार्यक्रमांमध्ये असेच सहकार्य लाभावे अशी अपेक्षा.

  
कार्यक्रम अधिकारी  
राष्ट्रीय सेवा योजना विभाग,  
के.एन.भिसे आर्ट्स, कॉमर्स अँड विनायकराव पाटील सायन्स कॉलेज  
विद्यानगर, भोसरे.



  
प्रभारी प्राचार्य  
के.एन.भिसे आर्ट्स, कॉमर्स अँड  
विनायकराव पाटील सायन्स कॉलेज  
विद्यानगर भोसरे, जि. सोलापूर

Received  
26/11/22



“Sahane Karuni Sodave Sakal Jan”

Madha Taluka Shikshan Prasarak Mandal's

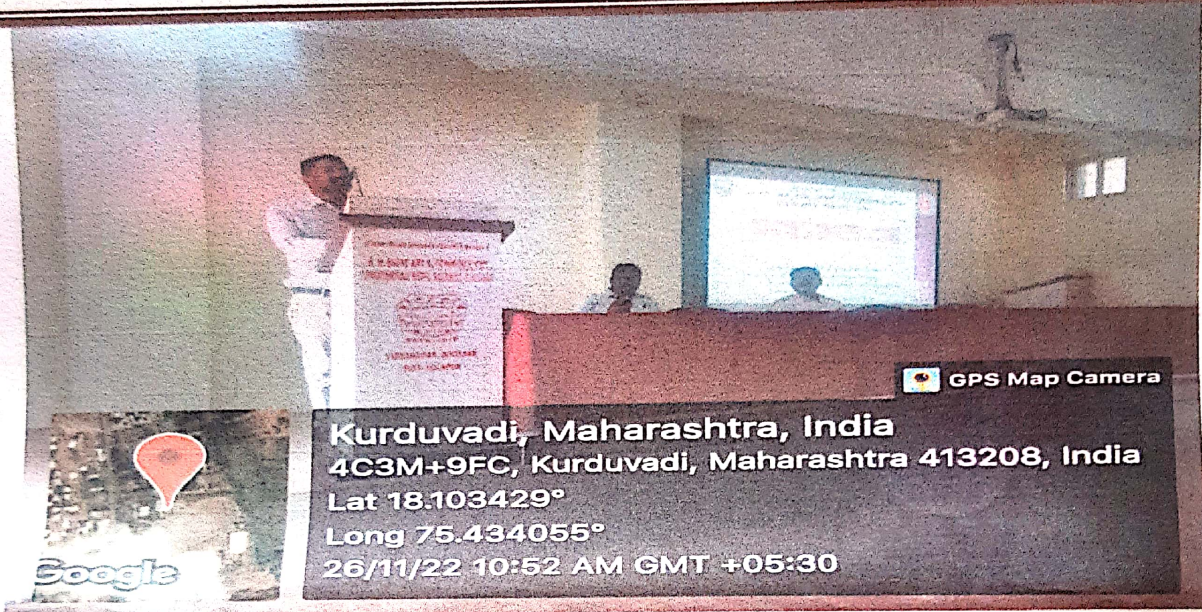
**K. N. Bhise Arts, Commerce and Vinayakrao Patil Science  
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While guiding the attendees Prof.. Dr. R. G. Pantulwar



President I/C Principal Dr. P. S. Kamble while expressing his opinion



**Madha Taluka Shikshan Prasarak Mandal's**  
**K. N. Bhise Arts ,Commerce and Vinayakro Patil Science College,**  
**Vidynagr, Bhosare ,**  
**Constitution Day 26-11-2022**

Sr.No	Name of the Students	Mobail No.	Class	Signature
1	Rakhee Prabhakar Dakhore	9011949312	B.com III	Rakhee
2	Peetcha Vikram Bhosle	8805873699	B.com III	Pibhale
3	Naaz Arjunaak Shuk	9309577009	B.com III	Naaz
4	Kushi Suzaba	-	B.com III	Kushi
5	Patil Yashaswi Dhananjay	7083266149	B.Sc. Fy.	Yashaswi
6	Gaikwad Rutuja Vishnu	8010662665	B-SC. F.Y.	Rij. Gaikwad
7	Bhagyavant Mohini Baliram	8799970617	B.S.C.FY.	Bhagyavant
8	Aishwarya Mahadev Tonape	9158324805	B-SC. Fy.	Aishwarya
9	Sakshi Dhananjay Tonape	9022568731	B-S-C Fy	Sakshi
10	Shivratna Balasahab Kumbhe	860925466	B.com II	SB Kumbhe
11	Sancheti Piyush Sachin	9075025946	B.com II	Piyush
12	Vinayak somanath A.H. car	9370186093	B'COM II	Vinayak
13	Nagnath Vitthal Garali	7038042798	B. COM II	Garali
14	Ganesh Hanbhirao Lonbhe	7796724492	BSC II	Ganesh
15	Laxman Dattatray Perbut	8261073887	BSC I	L.O. Perbut
16	Saayabh Balasahab Bhojse	8010375514	BSC I	Saayabh
17	Sangram Savata Gavare	7840975607	BSC I	Sangram
18	Ritesh Vijaykumar Bhosale	7083845821	BSC II	R.V. Bhosale
19	Gurudev Hanuman Dalavi	728017007	BSC II	G. H. Dalavi
20	Tahwar Nanalal	9581453643	BA I	T.A. Nanalal
21	Ankush Govind Shinde	7817338042	BA III	Ankush
22	Ayudambar Santosh Ghure	9022865028	BA II	Ayudambar
23	Mayur Dhanaji Chavan	7083081696	BA III	Mayur
24	Akshay Shanker Shukre	9373265356	B.A. II	Akshay
25	Lonbhe onkar Ramchandra	9359686001	B.com-I	Lonbhe
26	Asif Akbar Sayyad	8668548801	B.com-I	Asif Sayyad
27	Rushikesh Pandurang Yadav	7822949588	B.com I	Yadav
28	Om Avinash Mitharri	9325393199	B.com I	O.A.M. Mitharri



Madha Taluka Shikshan Prasarak Mandal's

K. N. Bhise Arts, Commerce and Vinayakro Patil Science College,

Vidynagr, Bhosare,

Constitution Day 26-11-2022

Sr.No	Name of the Students	Mobail No.	Class	Signature
29	Nikhil Pandurang Bhong	810802161	B.S.C I	Bhong.N.P.
30	Prashant Ramesh Jadhav	8767843695	B.S.C I	Jadhav.P.
31	Subhas Manoj Gavali	8010692350	B.S.C I	Gavali
32	Ketan Satish Tonape	9158806780	B.Sc. I	Tonape.K.S.
33	Onkar Ardlumber Patil	9022253321	B.S.C. II	Patil
34	Deshmukh Vinod Mahadev	8080289077	B.S.C II	Patil
35	Awatade Anil Bantu	7218604729	" / " II	Anil
36	Formal Vishal Dattatray	9207166221	-II- II	Vishal
37	Shelake Rutvik Sanjay	7058784077	-II- II	Rutvik
38	Shinde Prabhakar Dnyaneshwar	8208712709	B.S.C -II	Shinde
39	Rutuja Satish Patil	7744897930	B.S.C. I	Patil.
40	Yadav Vaishnavi Pandurang	75179608	B.S.C.II	Vaishnavi
41	Lavate Srushti Ankuish	830898246	BSc -II	Srushti
42	Shrivani Sushil Kshirsagar	7387705155	BSc -I	S.S.K
43	Suryani Sushil Kshirsagar	7387705155	BSc -I	Suryani
44	Rutuja Rujikumar Bagal	8767864938	BSc -I	R.P. Bagal
45	Sapana Sunil Gunjal	9699564133	BSc -I	Sunjal
46	Shaikh Sana Altaf	8608048555	BSc -II	Shaikh
47	Mawani Alfiya Fajiluddin	9558110078	BSc -II	Mawani
48	Bagwan Arsin Sadik	8856988794	BSc -II	A.S. Bagwan
49	Bagwan Tejat Riyaz	876659358	B.Sc -II	Bagwan
50	Bagwan Tayba Riyaz	9890866431	B.Sc -II	Bagwan
51	Vasekar Shubhangi Ramchandra	762088509	B.S.C -I	Vasekar
52	Rajashri Hanumanth Dhane	8010121353	B.S.C. I	Dhane
53	Laxmi Nikar Ramchandra	9859686001	B.com. I	Nikar
54	Kadam Ravindra Rajalal	9202136362	B.COM. I	Kadam
55	Pathan Nawaz Karim	9766317823	B.com. I	Pathan
56	Abhishek Santosh Kothmising	87410590629	B.com. I	Abhishek



Madha Taluka Shikshan Prasarak Mandal's

K. N. Bhise Arts, Commerce and Vinayakro Patil Science College,

Vidynagr, Bhosare,

Constitution Day 26-11-2022

Sr.No	Name of the Students	Mobail No.	Class	Signature
57	Patil Vaishnavi Rajesh	9657242163	B.com. F.Y	<u>Patil</u>
58	Jadhav Sakshi Dattatray	9352390022	B.com Fy	<u>Jadhav SD</u>
59	Band Vaishnavi Vikas	7558569056	B.com Fy	<u>Band VV</u>
60	Yadav sulata madhukar	8925035787	B.com. Fy	<u>Yadav S.M.</u>
61	Dhanshri Santosh Kumbale	7249257794	B.com. Fy	<u>D.S.Kumbale</u>
62	Rohini Hanumant Sathe	9359229784	B.com F.Y	<u>R.H.Sathe</u>
63	Mahesh Shakir Shaikh	8379877864	B.com Fy	<u>M.S.Shaikh</u>
64	Bagal sudarshan sunil	7743974011	B.Sc. II	<u>SBagal</u>
65	khare Aishwarya Raghunath	7588506283	B.Sc. II	<u>A.R.khare</u>
66	londhe Eutika Popat	8669556726	BSC-II	<u>londhe</u>
67	Kate Vaishnavi Ramesh	8237836330	BSC.II	<u>Kate V.R.</u>
68	Chavan Pankajsha Vitthal	7820894159	B.A.-I	<u>Chavan</u>
69	Lungase Vilhara Kishor	7395755322	B.A.-I	<u>Lungase</u>
70	Londhe Kajal Hanraj	9561667198	B.A.-I	<u>K.J.Londhe</u>
71	Dipak Appanna Nimbhore	750529646	B.com III	<u>Dipak</u>
72	Siddheshwat Nilesh	9370185155	B.com III	<u>Siddheshwat</u>
73	Langote Somavati	7039691903	B.Sc III	<u>Langote</u>
74	Patil Krunalika	9421060557	B.Sc III	<u>Patil</u>
75	Shaikh Muskan	9763246651	B.Sc III	<u>Shaikh</u>
76	Dhore Supriya Suresh	9699335701	B.Sc.I	<u>Dhore</u>
77	Magar Mayuri Hanumant	9529929621	B.Sc-I	<u>Magar</u>
78	Pooja Ganesh Lokare.	9322494829	B.Sc-I	<u>P.Lokare</u>
79	shinde manisha Navanath	9309233101	BSC-II	<u>shinde m.p.</u>
80	Das Anuja Dilip	9922193077	BSC-II	<u>Das</u>
81	salve Akshali Sudhir	9623160769	BSC-II	<u>A.S.Salve</u>
82	Bagal Shirani Vitthal	9503982417	BSC-II	<u>Bagal</u>
83	Bagal Santosh Subhash	9370922320	BSC-III	<u>S.S.Bagal</u>
84	Laal Ganesh Beelasaheb	7498624155	BSC-III	<u>Laal</u>
85	Garud Jashant Sudhir	9823649555	B.Sc-III	<u>Garud</u>
86	Nande Sudarshan Navanath	98180085848	B.Sc III	<u>Nande</u>
87	Mali Shabhanekar	8432837555	B.Sc I	<u>Mali</u>



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Phone No. :- (02183)223245

Fax No. :- (02183)223245

## Activity Report

Name of the Department/ Committee

: NSS

Activity Report Year

: 2022-2023

Name of the activity

: Human Rights Day

Date	Faculty	Department	Coordinator Name
10 <sup>th</sup> December 2022	Dr. Atul Kadam	NSS	Dr. Atul Kadam
Time	Venue	Activity for the class/ group	Nature of the activity
08:00 am to 11.00 am	College Campus	NSS Students	Celebrating Human Rights Day

Support/ Assistance:

General information of the activity

Topic of the Activity	Human Rights Awareness
Objective for conductive the activity	To create awareness among volunteer , students and society about human rights
Methodology	Lecture
Outcome	Public awareness was created about the right to life and other rights given to people by the constitution. 87 listeners participated in this program.

Proofs attached: letters/ Students list of participation/ Photos/ certificate etc





माढा तालुका शिक्षण प्रसारक मंडळ संचलित,

**के.एन.भिसे आर्टस्, कॉमर्स अँड विनायकराव पाटील  
सायन्स कॉलेज, विद्यानगर, भोसरे**



परांडा रोड, विद्यानगर, भोसरे ता. माढा जि. सोलापूर - ४१३२०८ (महाराष्ट्र)

ई मेल : [knbacck@yahoo.co.in](mailto:knbacck@yahoo.co.in)

(NAAC Third Cycle "A" Grade with 3.10 CGPA)

कार्यालय फोन नं. : (०२१८३) २२३२४५

फॅक्स क्रमांक : (०२१८३) २२३२४५

जा.क्र. : के.एन.बी.ए.सी.ए.व्ही.पी.सी.के.....

दिनांक : ०८/१२/२०२२

प्रती,

मा. डॉ. आर. जी. पंतुलवार

इतिहास विभाग प्रमुख

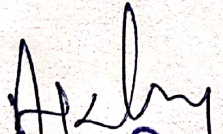
के. एन. भिसे आर्टस्, कॉमर्स अँड विनायकराव पाटील सायन्स कॉलेज,

भोसरे, ता. माढा जि. सोलापूर

**विषय - १० डिसेंबर २०२२ रोजी जागतिक मानव अधिकार निमित्त आयोजित  
व्याख्यानामध्ये प्रमुख वक्ता म्हणून उपस्थित राहणेबाबत.**

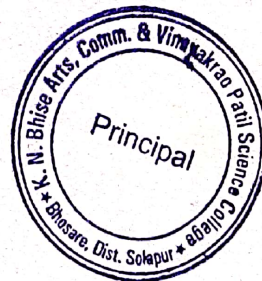
महोदय,

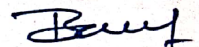
वरील विषयास अनुसरून आपल्या महाविद्यालयात राज्यशास्त्र विभाग व राष्ट्रीय सेवा योजना विभाग यांच्या संयुक्त विद्यमाने जागतिक मानव अधिकार दिनाचे औचित्य साधून शनिवार दि. १०/१२/२०२२ रोजी मानव अधिकार जनजागृती याविषयावर विशेष व्याख्यानाचे आयोजन केला आहे. तरी आपण या कार्यक्रमासाठी उपस्थित रहून सर्वाना मार्गदर्शन करावे.

  
कार्यक्रम अधिकारी

राष्ट्रीय सेवा योजना विभाग,

के.एन.भिसे आर्टस्, कॉमर्स अँड विनायकराव पाटील सायन्स कॉलेज,  
विद्यानगर, भोसरे.





प्रभारी प्राचार्य

के.एन.भिसे आर्टस्, कॉमर्स अँड  
विनायकराव पाटील सायन्स कॉलेज  
विद्यानगर भोसरे, जि. सोलापूर

Receiver  
R. K. K.





माढा तालुका शिक्षण प्रसारक मंडळ संचालित,

के.एन.भिसे आर्ट्स, कॉमर्स अँड विनायकराव पाटील  
सायन्स कॉलेज, विद्यानगर, भोसरे



परांडा रोड, विद्यानगर, भोसरे ता. माढा जि. सोलापूर - ४१३२०८ (महाराष्ट्र)

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फॅक्स क्रमांक : (०२१८३) २२३२४५

दि. २६-११-२०२२

**प्रमाणपत्र**

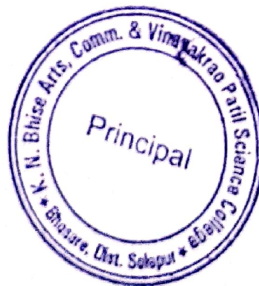
प्रमाणपत्र देण्यात येते की, आमच्या महाविद्यालयात राज्यशास्त्र विभाग व राष्ट्रीय सेवा योजना विभाग यांच्या संयुक्त विद्यमाने जागतिक मानव अधिकार दिनाचे औचित्य साधून शुक्रवार दि. १०/१२/२०२२ रोजी "मानव अधिकार जनजागृती" याविषयावर विशेष व्याख्यान आयोजित केले होते. याप्रसंगी मा. प्रा. डॉ. आर. जी. पंतुलवार (इतिहास विभाग प्रमुख, के. एन. भिसे आर्ट्स, कॉमर्स अँड विनायकराव पाटील सायन्स कॉलेज, विद्यानगर, भोसरे ता. माढा जि. सोलापूर), यांनी उपस्थित राहून विद्यार्थी, विद्यार्थिनी, प्राध्यापक व सर्व उपस्थितांना मार्गदर्शन केले आहे. याबद्दल आम्ही त्यांचे आभारी आहोत. पुढील कार्यक्रमांमध्ये असेच सहकार्य लाभते अशी अपेक्षा.

कार्यक्रम अधिकारी

राष्ट्रीय सेवा योजना विभाग,

के.एन.भिसे आर्ट्स, कॉमर्स अँड विनायकराव पाटील सायन्स कॉलेज,

विद्यानगर, भोसरे.



प्रमारी प्राचार्य

के.एन.भिसे आर्ट्स, कॉमर्स अँड  
विनायकराव पाटील सायन्स कॉलेज  
विद्यानगर भोसरे, जि. सोलापूर





“Sahane Karuni Sodave Sakal Jan”

Madha Taluka Shikshan Prasarak Mandal's  
**K. N. Bhise Arts, Commerce and Vinayakrao Patil Science  
College Vidyanagar, Bhosare**

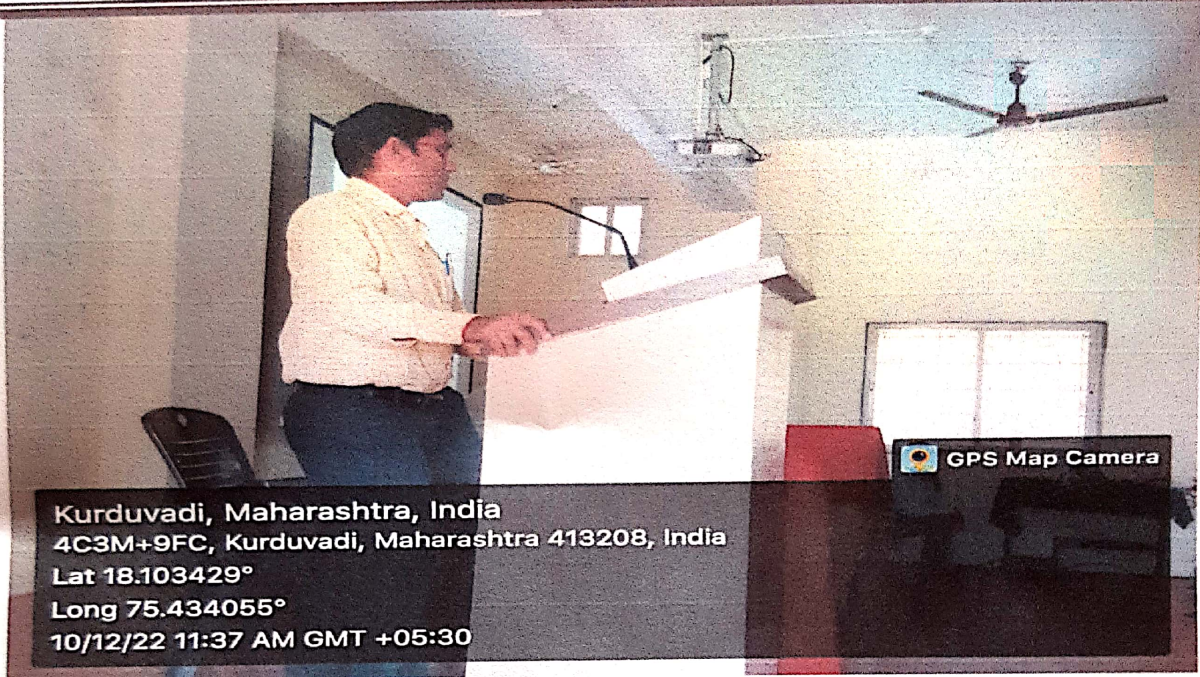
Paranda Road, Vidyanagar Bhosare Tal-Madha Dist-Solapur Pin-413 208  
(Maharashtra)

E-mail :- [knbacck@yahoo.co.in](mailto:knbacck@yahoo.co.in)

(NAAC Third Cycle “A” Grade with 3.10 CGPA)

Phone No. :- (02183)223245

Fax No. :- (02183)223245



Speaking on the topic of Human Rights awareness, Professor Dr. R.G . Pantulwar



Audience while learning about Human Rights



Madha Taluka Shikshan Prasarak Mandal's

K. N. Bhise Arts ,Commerce and Vinayakro Patil Science College,

Vidynagr, Bhosare ,

Human Rights Day 10-12-2022

Sr.No	Name of the Students	Mobile No.	Class	Signature
1	Bagal shirani vitthal	9503982411	BSc III	Bagal
2	Godse Aaditi Vijaykumar	8788272881	BSc III	Aaditi
3	Wagh shubhangi satish	8959852405	B.sc III	Wagh
4	Goee Sayali Sayaji	9730395117	B.SC III	Goee
5	Kadam Aakanksha Ramesh	7350438810	B. Sc III	Aakanksha
6	Bagal Gauri Dilip	7875723329	B. Sc III	Bagal
7	Mande pranjali Kalyan	9356862214	B-sc. III	Mande
8	Langote somavati mahadev	8010999212	B-sc. III	s.m. Langote
9	Kale Nikita Ganesh	9960866952	B-sc. III	Nikita
10	Bagal Sanket Shivaji	7276073938	B.A F	Bagal
11	Awatade Amol Bantu	7218404729	B.Sc. II	Amol
12	Bhosale Ritesh Vijaykumar	7083845821	B.S.C. II	R. V. Bhosale
13	Yadav Swapnil Hanumant	7057833936	BSC II	Swapnil
14	Go dase sushant satish	8610669579	B S C II	Sushant
15	Ubale Akash Bapu	7058180526	BSC II	A.B. Ubale
16	Pachore shubham Yellappa	7028868496	BSC II	Shubham
17	Ghugre natna mahadev	9367470860	Bsc. II	Ghugre
18	Ghugre Astok Rajesh	9834767035	BSC II	Ghugre
19	Kadam Rushikesh Ashram	8208817057	BSC II	Rushikesh
20	Awachar Rohit Bharat	9666270331	BSC II	A.B. Awachar
21	Bagal Rushikesh Ramesh	8411891481	B.A. III	Bagal
22	Ubale Yash samchund	9803836462	B.A. III	Ubale
23	Kharvade Swapnil Tukaram	9206919118	B.S.C. - II	Swapnil
24	Awachar Amruta Hanumant	9420694955	B.S.C. II	Amruta
25	Apeksha Bhanje	8605671552	B.A - II	Bhanje
26	Anide Ashok Divate	9409695630	B.A. II	Anide
27	Gapate Siddhali Suresh	7588177381	BSC - II	Gapate
28	Karande Sakshi Dhanaji	9699539518	BSC - II	Karande S.D.



Madha Taluka Shikshan Prasarak Mandal's  
K. N. Bhisre Arts, Commerce and Vinayakrao Patil Science College,  
Vidyanagar, Bhatnare,  
Human Rights Day 10-12-2022

Sr.No	Name of the Students	Mobile No.	Class	Signature
29	Bongale. Kishor Manik	9607195529	BSC-III	
30	Rawar AKSHAY Dnyanesh	84421674351	BSC-III	
31	Awachar Rohidas Shivaji	9325694314	BSC-III	
32	Somnath Ajinath Kale	8888152989	BSC-III	
33	Sunwase Rohit Kameshwar	8605102872	B.Sc. - III	
34	Talekar Sunil Jahu	9363166176	B.Sc. - III	S.L. Talekar
35	vishnu sadashiv Karble	9623124649	B.Sc. - III	
36	chavan Keshav sanjay	8390584202	B.Sc. - II	
37	More Vishal Natarath	7796026906	B.Sc. - III	
38	Lad Ganesh Babasaheb	7498624155	BSC III	
39	Bagal Saurabh Subhash	9370922820	BSC III	S.S. Bagal
40	Geerad Sushant Sudhir	9823699555	B.Sc. - III	
41	Narade. Sudashin. Narade	8180085805	B.Sc. - III	
42	Bedkute Pravin Shrimant	8308008010	B.S.C. III	
43	Bhruke Prasad Balu	9881609224	B.S.C. III	
44	Patil Onkar Avdumbhar	9022253321	B.S.C. II	
45	Mall Vishal Netaji	8262800292	B.S.C. II	
46	Parbat Pravin vilay	9835769411	B.S.C. II	
47	Naybule Aniket Mukund	7499876855	B.S.C. I	
48	Masallare Chaitanya Ramesh	9107345729	B.S.C. II	
49	Harshad Sunil Mankud	7571665101	B.A. - D	
50	Chavhan Rishabh Chavhan	7882231218	B.A. - II	
51	Chand Vajif Megal	8669716597	B.A. - I	
52	chandane AKASH RAJNORA	852701420	B.A. - I	
53	Mavhare onkar dilip	8367722177	B.C.S. I	Mavhare
54	DHIRE VISHAL. AVDUMBAR	8956554372	B.S.C. I	VISHAL D.
55	Chopade Ratan chopade	9730135875	B.S.C. I	
56	Yadav Pramed Chandan	744824832	B.A. - I	P.P. Yadav



Madha Taluka Shikshan Prasarak Mandal's

K. N. Bhise Arts ,Commerce and Vinayakro Patil Science College,

Vidynagr, Bhosare ,

Human Rights Day 10-12-2022

Sr.No	Name of the Students	Mobile No.	Class	Signature
57	Onkar Rajesh Koli	7387074343	BA.2	O.P. Koli
58	Rupesh Brijrany Ghudaye	7620740102	BA.2	Rupesh
59	Rushikesh Arun Sathre	7038957887	B.A. II	Rushikesh
60	Kartik Dattatray Gaikwad	975047118	B.A. I	Kartik
61	Nikhil Nagnalthe Sonmure	8080916325	BA I	Nikhil
62	Vikas Shrikant Surkar	8605982561	BA I	Vikas
63	Taslim Nizam Sakre	8432450252	BA 2	Taslim Sakre
64	DNYANESHWAR. D. ubale	9518592005	BAI	ubale
65	Abhjit Dattatray Gaikwad	7820903693	B.A. I	Gaikwad
66	Ganesh Ravi Chabwadi	9025698290	B.A. I	Ganesh
67	Smrati Manoj Athawale	9356909124	B.A. II	Smrati Athawale
68	Pratiksha Neelish Anule	7558161689	B.A. II	Pratiksha
69	Bagal Pranali Runchandra	9146859602	B.S. I	Pranali R.R.
70	Yashraj Tejashri Chandra Kant	9146859602	B.S. I	Yashraj T.C.
71	Udale Gitonjali Rajendra	9284849304	B.S. I	G.R. Udale
72	Khune Mayuri M.	9146859602	B.S. I	Khune
73	Chavun Nikita B.	9146859602	B.S. I	Chavun
74	Shubhendra Pravinchob Kumbhar	8211925426	B.com II	S.B. Kumbhar
75	Piyush Sachin Sancheti	9075025946	B.com II	Piyush
76	Vinayak Somnath Athar	9370186003	B.com II	Vinayak
77	Omkar Lakshman S. K. K.	88228601236	B.com II	Omkar
78	Rohit Harichandra Chabkar	9922526989	B.com II	R.H. Chabkar
79	Kedar Tanaji Sawant	9022177395	B.A. II	K.T. Sawant
80	Amir Hamid Mulani	7666091989	B.A. III	Amir
81	Tharabale Shrikant Shahel	7875068290	B.A. III	Tharabale
82	Chadage Sanjay Dhangar	9373616901	BA III	Chadage
83	Sandhya Kedar Barne	7709259121	BA I	Sandhya
84	Rutuja Anil Pawar	9767778297	B.A. I	Rutuja
85	Garvati Vaishnavi Ganesh	8421855683	B.A. I	Garvati
86	Wagh Sanika Mahesh	8624869755	B.S. II	S.N. Wagh
87	Pulange Aarti Ashok	7385550823	B.S. II	A.A. Pulange



**Madha Taluka Shikshan Prasarak Mandal's**  
**K N. Bhise Arts, Commerce and Vinayakrao Patil Science**  
**College, Vidyanagar, Bhosare**  
Paranda Road, Kurduwadi, Tal- Madha, Dist Solapur Pin- 413208 (Maharashtra)

**NAAC 'A' Grade (3.10 CGPA)**

**Activity Report**

Name of the Department/ Committee : Anti-sexual Harassment Committee

Activity Report Year : 2022-23

Name of the activity : Rally

Date	Department	Coordinator Name	
06-01-2023	Anti-sexual Harassment Committee	Prof. Dr. A. P. Pol	
Time	Venue	Activity for the class/ group	Nature of the activity
From 9.30am to 10.30 am	Adarsh Nagar, Bhambore Wasti	All faculties	Slogans

**Support/ Assistance:** Members of Anti-sexual Harassment Committee

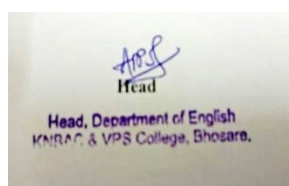
**General information of the activity**

Topic of the Activity	Rally
-----------------------	-------

<b>Objective</b>	To make aware about gender equity among students.
<b>Methodology</b>	Presentations
<b>Outcome</b>	All faculty members and students are aware about gender equity among teachers and students.
<b>Participants No.</b>	176

**Proofs attached:**

Correspondence letters	
Brochure	Program schedule
Geo-Tagged Photos of the event	Attendance list



*Bany*  
**I/c. Principal**  
**K.N. Bhise Arts, Commerce &**  
**Vinayakrao Patil Science College**  
**Vidyanagar Bhosare, Dist-Solapur**






Madha Taluka Shikshan Prasarak Mandal's  
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 GPS Map Camera

Kurduvadi, Maharashtra, India

K N Bhise College, Kurduvadi, Maharashtra 413208, India

Lat 18.098337°

Long 75.429157°

06/01/23 10:03 AM GMT +05:30



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**Rally on Gender Equity on 6/1/23**



**Rally on Gender Equity on 6/1/23**





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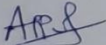
**Attendance of Rally on Gender Equity on 6/1/23**

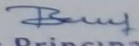
K.N. Bhise, Arts, Commerce and Vinayakrao Patil Science College, Vidyanagar, Bhosare


Name of the Activity: Rally on Gender Equality Date: 06/01/23


Attendance

Sr. No.	Name of the Student	Class	Signature
1	Godage Srushti Dhanaji	BA I	S.D. Godage
2	Vantale Rupali Tanaji	BA I	Rupali
3	Anantkolas Ashwini Arjun	BSC III	Anant
4	Kanhere Mohini Varkus	BSC III	Kanhere
5	Anantkolas Sanika Arjun	BSC I	SA Anantkolas
6	Rutuja Pratikumar Bagal	BSC I	Rutuja Bagal
7	Patil Rutuja Satish	BSC I	Patil
8	Ghadage Manasi Hanumant	BSC I	Manasi
9	Karande Kamina Shahaji	BSC I	K.S. Karande
10	Mehar Sayli Sanjay	BSC I	S.S. Mehar
11	Vishakha Namdev Chavhanle	B.S.C. I	V. N. Namdev
12	Bagal Manali Ramchandrar	B.S.C I	Manali Bagal
13	Yadav Tejashri Chandrakant	BSC I	T.C. Yadav
14	Chavan Nikita Bulaji	BSC I	Chavan Nikita
15	Bhosle Pooja Vikram	Bcom III	P. Bhosle
16	Naraz Arunraj Shaikh	Bcom III	NAR Shaikh
17	Khushi Smitas Suresh	Bcom III	Khushi
18	Komal Dattatray Gaikwad	Bcom III	Komal
19	Kambale Bhagyashri Shamasa	BA I	Kambale
20	Snehal Dattatray Saravade	B-Com III	Snehal
21	Govali Vaishnari Ganesh	B.A - I	Govali
22	Satav Shubham Sandipan	B.S.C. A	Satav
23	Satav Sanket Sanjay	B.S.C. - A	Satav
24	Karnal Vishal Dattatray	B.S.S. II	Karnal
25	Salgar Prasad Shivaji	B.S.C. II	Salgar
26	Tadhav Ritesh Santosh	B.S.C. II	Tadhav
27	Witthal Anurag Pravin	B.S.C. II	Witthal
28	Rohit Dhondiram Kothavale	B.S.C. II	Rohit
29	Pratik Vasant Kute	B.S.C. II	Pratik

  
 Head, Department of English  
 KNBAC & VPS College, Bhosare.

  
 I/c. Principal  
 K.N. Bhise Arts, Commerce &  
 Vinayakrao Patil Science College  
 Vidyanagar, Bhosare, Dist-Solapur

  
 Head  
 Head, Department of English  
 KNBAC & VPS College, Bhosare.

  
 I/c. Principal  
 K.N. Bhise Arts, Commerce &  
 Vinayakrao Patil Science College  
 Vidyanagar, Bhosare, Dist-Solapur







Madha Taluka Shikshan Prasarak Mandal's

**K. N. Bhise Arts, Commerce and Vinayakrao Patil  
Science College, Vidyanagar, Bhosare**

Paranda Road, Kurduwadi, Tal- Madha, Dist: Solapur  
NAAC 3<sup>rd</sup> cycle 'A' Grade 3.10 (CGPA)

**Activity Report**

**2022 - 2023**

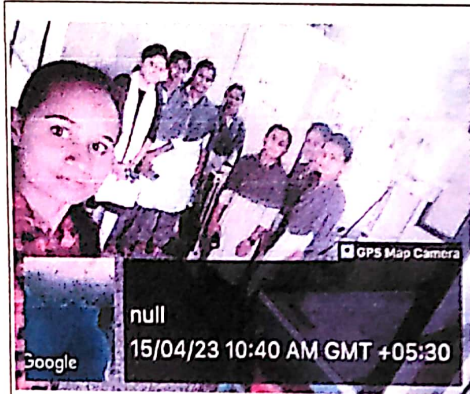
Name of the Department/Committee		Physics /Field Visit/Study Tour	
Activity report year		2022-2023	
Name of the activity		Field Visit	
Date	Department	Co-ordinator	
15/042023	Physics	Dr. Ajinkya M More	
Time	Venue	Activity for the class/group	Nature of the activity
10 am to 1.00 pm	Tate Hospital, Kurduwadi	All students of Science	Field Visit
Support / Assistance: Faculty of Physics			
General Information the activity:			
Topic of the activity	A hospital Visit to Tate-Deshmukh Hospital		
Objective	To help students to understand the importance of ethical decision - making in the medical field		
Methodology	Visit to Tate-Deshmukh Hospital		
Outcomes	The students were able to understand quality of life, including self-reported and mental wellness.		
No. participants	31		
Proofs attached	Geo-Tagged Photographs during the programme		
	Correspondence Letters		
	Attendance sheet		

Head, Department of Physics  
**KNBAG & VPS College, Bhosare,**

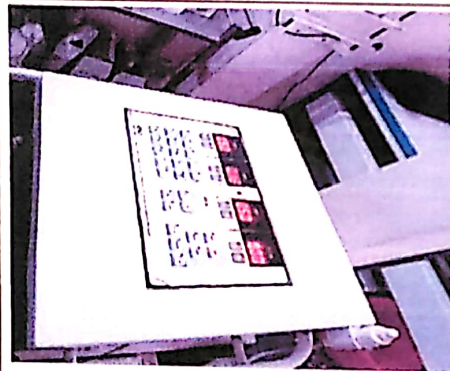
I/c. Principal  
**K. N. Bhise Arts, Commerce &  
Vinayakrao Patil Science College  
Vidyanagar Bhosare, Dist-Solapur**



# PHOTOGRAPHS:



a) Girls with x-ray machine



b) X-ray machine pannel



c) Boys with x-ray machine



f) X-ray machine



g) Group photo in front of Tate-Deshmukh Hospital.



## VISITING REQUEST LETTER BY OUR COLLEGE:

Madha Taluka Shikshan Prasarak Mandal's  
**K. N. Bhise Arts, Commerce and Vinayakrao Patil Science**  
**College, Vidyanagar, Bhosare**  
 NAAC Re-accredited 'A' Grade (CGPA -3.10)  
 Paranda Road, Kurduwadi, Tal- Madha, Dist-Solapur Pin- 413208 (Maharashtra)  
 Phone No. :- (02183)223245 Email:-[knbecck@yahoo.co.in](mailto:knbecck@yahoo.co.in)

Date 15/04/2023

प्रति,  
 डॉ. संतोष. ना. तोठे (देशमुख)  
 टेंकुर्णी रोड, बागल नम्मन नगर कुबेर संगल कार्यालय, दोनारी कुडवाडी.  
 कुडवाडी - 413208

विषय: आपल्या हॉस्पिटलला व्हिसिट करणे बाबत.

महोदय,

वरील विषयास अनुसरून आमच्या महाविद्यालयातील भौतिक शास्त्र विषयातील विद्यार्थ्यांना हॉस्पिटल व्हिसिट त्यांच्या अभ्यास क्रमात अनिवार्य केलेली आहे. तरी अंदाजे ३० विद्यार्थ्यांना आपल्या हॉस्पिटलची आवृत्ती त्यातील वापरली जाणारी उपकरणे यांची माहिती द्यावी हि विनंती.

कळावे.

*Bau*  
 प्रभारी प्राचार्य  
 के.एन.भित्ते आर्ट्स, कॉमर्स जेण्ड  
 दिनाचक्राद घाटीत सक्कस कॉलेज  
 विधानगर भोसरे, जि. सोलापूर

HOSPITAL:



# ताठे-देशमुख हॉस्पिटल



भुषण लॉज समोर, शिक्षक सोसायटी शेजारी  
टेंभुर्णी रोड, कुईवाडी मो. ८४२११२०२४२

डॉ. संतोष ना. ताठे-देशमुख

M.B.B.S. D. Ortho  
Fellowship in Joint replacement  
Reg. No. 2003/04/1648

डॉ. सौ. स्वाती सं. ताठे-देशमुख

B.A.M.S.  
जनरल फिजिशियन  
Reg. No.1 I-70452-A

\* ओपीडी वेळ :- स. १० ते दु १ \* सायं. ४ ते ६.३० \* साप्ताहिक सुट्टी रविवार

दि.: 15/4/23

पेशंटचे नांव \_\_\_\_\_

वय \_\_\_\_\_

Rx

To, Dept. of physics  
KNSBARK college

Sir,

Today 30 students from  
dept of physics visited our  
hospital to get information of  
hospital & its instruments.

Dr. SANTOSH N. TATHE  
M.B.B.S. D. Ortho.  
Reg. No. 2003/04/1648



## STUDENTS NAME LIST:

### Girl Name – B.Sc. I

Sr.No	Student Name	Roll NO	Mo. Number
1.	Shital Madne	7076	9049851955
2.	Samruddhi Kadam	7115	8080745645
3.	Pallavi Vasekar	7058	7038896551
4.	Sakshi Nimbalkar	7057	8080950473
5.	Aarti Khare	7072	9665231465
6.	Jayashri Kale	7138	

### Boys Name- B.Sc. I

7.	Mangesh Ghodake	7061	8530216454
8.	Nikhil Ghodake	7049	9975906795
9.	Ranjit Hande	7055	9766873196
10.	Nagesh Marathe	7011	7499477796
11.	Vikram Gade	7094	9322491843
12.	Shivratna Shinde	7060	7249403096
13.	Kedar Gade	7092	8329657052

### Girls Name- B.Sc. II

14.	Shital Khaire	7395	7038957693
15.	Suksena More	7382	9657055930
16.	Siddhali Gapate	7381	7588177381
17.	Rutuja Navle	7403	8788006200
18.	Rutuja Navle	7402	9322097873
19.	Apeksha Survase	7371	7559343578
20.	Mayuri Patil	7373	9146852706



**Boys Name- B.Sc. II**

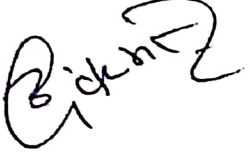
21.	Swapnil Kharvade	7310	8805918318
22.	Pankaj Patkulkar	7387	9158252305
23.	Pravin Raut	7377	9545652041
24.	Shubham Satav	7378	9172457893
25.	Sanket Satav	7379	8380943984
26.	Ganesh Londhe	7405	7796724492


**Girls Name- B.Sc. III**

27.	Anjali Godase	7664	7666930799
28.	Mayuri Kadam	7601	7498288805

**Boys Name- B.Sc. III**

29.	Balkrishna Khare	7612	8766422837
30.	Dattatray Gore	7666	7499343160
31.	Om more	7668	9561142155

  
 Head, Department of Physics  
**KNBAC & VPS College, Bhosare,**

  
 I/c. Principal  
 K. M. Baise Arts, Commerce &  
 Vinayakrao Patil Science College  
 Vidyanagar Bhosare, Dist-Solapur



दिनांक - 15/04/2023

प्रति,  
मा. विभागाध्यक्ष भौतिकशास्त्र विभाग.  
के. एन्. भिसे आर्ट्स, कॉमर्स अँड विनायकराव पाटील सायन्स  
कॉलेज भोसरे (कुईवाडी).

विषय :- हॉस्पिटल हिस्ती करण्याबाबत ----

महोदय,  
उपरोक्त विषयान्वये आम्ही आपणास विनंती करतो की,  
बी. एस्सी भौतिकशास्त्र या विषयामध्ये सर्व वर्षासाठी  
स्टडी हॉर / इंडस्ट्रीयल हिस्ती / हॉस्पिटल हिस्ती करणे अनिवार्य  
आहे.

तरी आम्ही विद्यार्थी बी. एस्सी भाग 1, 2 व 3 आज  
दिनांक - 15/04/2023 रोजी लकी हॉस्पिटल व भूषण लॉज समोर  
कुईवाडी येथे जाण्यास इच्छुक आहोत, तरी तेथे जाण्यास  
आम्हांला परवानगी मिळावी ही विनंती.

कळवे,  
आपले विश्वासू  
विद्यार्थी बी. एस्सी भाग 1, 2 व 3

अ.न	विद्यार्थ्याचे नाव	वर्ग	रोक. नं.	सही
1)	गोडसे अंजली विनास	बी. एस्सी 3	7664	<u>Kodase</u>
2)	खैरे वितल शिवाजी	बी. एस्सी 2	7395	s.s. khair
3)	मोरे सुकसेना शिवाजी	बी. एस्सी 2	7382	S.S. More
4)	गपाटे सिद्धाली सुरेश	बी. एस्सी 2	7381	<u>Gopate</u>
5)	कदम मधुरी मधुकर	बी. एस्सी 3	7801	<u>Mhadkarni</u>



New Date Roster

6)	नवले त्रैलुजा विंयू	बी. एस्सी 2	7403	<u>Bhavale</u>
7)	नवले त्रैलुजा धनाजी	बी. एस्सी 2	7402	<u>Bhavale</u>
8)	नवले मथुरी गौतम	बी. एस्सी-2	7404	<u>Navale</u>
9)	खरवडे स्वाभित्य तुकाराम	बी. एस्सी 2	7310	<u>OTS</u>
10)	सुरवसे अपेक्षा हिलीप	बी. एस्सी 2	7371	<u>A.D. Survase.</u>
11)	पाटील मथुरी दादासाहेब	बी. एस्सी 2	7373	<u>M. Patil</u>
12)	गडिलक शिवाजी मदन	बी. एस्सी 1	7076	<u>S.S. Tradane.</u>
13)	समृद्धी सांतोष अदन	बी. एस्सी 1	7115	<u>Ghadam</u>
14)	पल्लवी लडु वसेकर	बी. एस्सी 1	7058	<u>Vasankar</u>
15)	साक्षी विठ्ठल निंबाळकर	बी. एस्सी 1	7057	<u>Sakshi</u>
16)	भारती विलास खारे	बी. एस्सी 1	7072	<u>Kulkar</u>
17)	जमनी संतोष काळे	बी. एस्सी 1	7138	<u>J.S. Kale</u>
18)	पंकज पंढरकांत पाटकुळकर	बी. एस्सी 1	7387	<u>P.</u>
19)	प्रवीण मासरी राजत	बी. एस्सी 1	7377	<u>Rat P.M.</u>
20)	मंगेश मनोज घोडके	बी. एस्सी 1	7061	<u>M.M. Ghodake.</u>
21)	सातव व्युत्तम संपिपान	बी. एस्सी 1	7378	<u>Sabatkar</u>
22)	सातव संकेत संजय	बी. एस्सी 1	7379	<u>S.S. Patil</u>
23)	हांडे रणजीत नारायण	बी. एस्सी 1	7055	<u>R.N. Hande</u>
24)	घोडके निखिल नागनाथ	BSC-I	7049	<u>N.</u>
25)	मराठे नगेश विष्णू	BSC-I	7011	<u>N.</u>
26)	शांडे विक्रम रामराव	बी. एस्सी 1	7074	<u>N.</u>
27)	शिंदे शिवरत्न शरद	BSC-I	7060	<u>N.</u>
28)	शांडे अक्षय रामराव	BSC-I	7072	<u>N.</u>
29)	खारे अक्षय विनायक	BSC-III	7012	<u>N.</u>
30)	गोरे दत्तात्रेय रामचंद्र	B-SC-III	7060	<u>P.R. Gore</u>
31)	गोरे अमोल शरदी	B-SC-III	7068	<u>O.S. Gore</u>
32)	गोरे अमोल शरदी	B-SC-III	7403	<u>Gore</u>



Madha Taluka Shikshan Prasarak Mandal's  
**K. N. BHISE ARTS, COMMERCE AND VINAYAKRAO PATIL SCIENCE COLLEGE,**  
**VIDYANAGAR, BHOSARE**  
NAAC Re-accredited 'A' Grade  
Paranda Road, Kurduwadi Tal-Madha Dist-Solapur Pin-413 208 (Maharashtra)

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**Department of History**  
**Report of Extension Activity**

Name of the Department/ Committee: Prof. Pantulwar R.G (Chairman)

( HoD Department of History )

Prof. Shejul B.R.

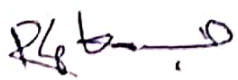
(Assist. Professor Department of History)


Activity Report Year: 2022-23

Name of the Activity: Awareness about Anti-Child Abuse

Date	Faculty	Department		Coordinator Name and Phone Number
22 <sup>th</sup> Dec , 2022	Prof. Pantulwar R.G (Chairman) Prof. Shejul B. R..	Department of History		Prof. Pantulwar Ramappa Gangadharappa 8421675250
Time 11.00 am To 12.00 Noon	Venue Vinayakrao Patil High school, Vidyanagar Bhosare.	Activity for the Class / group		Nature of the Activity Create Awareness by speech and Showing Short Films.
		Number of Students present	Number of Teachers present	
		150	02	

**Support / Assistance:** College administration has provided Flex in with pictures and slogans related to Anti-Child Abuse has been printed. Students of History department also participated in this programme with enthusiasm and expressed their view on this issue.

  
**Head, Department of History**  
**KNBAC & VPS College, Bhosare.**

  
**I/c. Principal**  
**K.N.Bhise Arts, Commerce &**  
**Vinayakrao Patil Science College**  
**Vidyanagar Bhosare, Dist-Solapur**

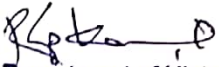


**General Information of the Activity:**

<b>Topic/Subject of the activity</b>	<b>Anti-Child Abuse</b>
<b>Objective for Conducting the activity</b>	<b>Create awareness among the school students about Physical, Sexual, and Emotional harassment and informed the students, how to prevent themselves from antisocial elements.</b>
<b>Methodology</b>	<b>Lecture by using ICT Shown Videos by using ICT</b>
<b>Outcome</b>	<b>Students become aware about issue of child abuse and its solution so they would deal this problem by proper way and prevent themselves to be victim.</b>

**Proofs Attached: letters/student list of participation/certificate/document/photos/any other**

<b>1.Request Letter to H. M. of School</b>	<b>2.Certificate of H.M. about programme's organization</b>	<b>3.Attendance Sheet of Staff and College Students</b>
<b>4. Attendance Sheet of School students</b>	<b>5. Flex used for programme</b>	<b>6. Photo of the programme</b>

  
**Head, Department of History  
KNBAC & VPS College, Bhosare.**

  
**I/c.Principal  
K.N.Bhise Arts, Commerce &  
Vinayakrao Patil Science College  
Vidyanagar Bhosare, Dist-Solapur**



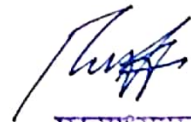


## CERTIFICATE

This is to certify that the students and faculties of Department of History at K. N. Bhise Arts, Commerce and Vinayakrao Patil Science College, Vidyanagar, Bhosare organized **Awareness about Anti-Child Abuse** campaign in our area / Campus on 22<sup>th</sup> Dec, 2022 at 11.15 am to 12.00noon. This activity created awareness about **Physical, Sexual Harassment** in the students of our campus or area.

Name of the Area - **Vinayakrao Patil Highschool, Bhosare**

Name of the Activity - **Awareness about Anti-Child Abuse**

  
मुख्याध्यापक  
विनायकराव पाटील विद्यालय  
विद्यानगर भोसरे, ता. माढा



Madha Taluka Shikshan Prasarak Mandal's  
**K. N. Bhise Arts, Commerce and Vinayakrao Patil Science College,**  
**Vidyanagar, Bhosare**  
**Department of History**  
 Extension Activity  
 Year-2022-23

Date - 22/12/2022

**Attendance Sheet**

Name of Activity: - Awareness about Anti-Child Abuse

Sr. No	Name of students	Class	Signature
01	Mahesh Altaf Mulani	10 <sup>th</sup>	M.A. Mulani
02	Shivani Manoj Tatiya	10 <sup>th</sup>	Shivani
03	Saniya Mahamad Shikh	10 <sup>th</sup>	Saniya
04	Gauri mahadev Asware	10 <sup>th</sup>	G.M. Asware
05	Kirti Dti Dashrta Ubale	10 <sup>th</sup>	K. D. Ubale
06	Priyanka Tanaji Asware	10 <sup>th</sup>	P.T. Asware
07	sejal mahadev shinde	10 <sup>th</sup>	S.M. Shinde.
08	Pragati subhash shinde	10 <sup>th</sup>	P.S. shinde.
09	Namrata Amol Shinde	10 <sup>th</sup>	N.A. Shinde.
10	Onyanewari Vilas padulkar	10 <sup>th</sup>	D.V. Padulkar.
11	Gauri Vinod Mane	10 <sup>th</sup>	G.V. mane
12	Rohini Hemnt Dhere	10 <sup>th</sup>	R.H. Dhere
13	sneha Subhash Dhaigude	9 <sup>th</sup>	S.S. Dhaigude
14	shirani sanjay Band	9 <sup>th</sup>	S.S. Band.
15	Dhanshri Sambhaji Jagtap	9 <sup>th</sup>	D.S. Jagtap
16	Rajrandini Balasaheb sutar	9 <sup>th</sup>	R.B. sutar
17	Shivkanya shashikant More.	9 <sup>th</sup>	S.S. More
18	Bhagyashri sunil Dange	9 <sup>th</sup>	B.S. Dange
19	Kalyani Raju Bhalerao	9 <sup>th</sup>	K.R. Bhalerao
20	Sakshi Govind Chavan	9 <sup>th</sup>	S. G. Chavan.
21	sneha valmik Navgire	9 <sup>th</sup>	S. V. Navgire
22	Tejasvini Santosh Avachar	9 <sup>th</sup>	T. S. Avachar
23	Asmita Sukumar modekar	9 <sup>th</sup>	A. S. modekar
24	Ahysandha laxmah Udhale	9 <sup>th</sup>	A. I. Udhale
25	Nisha Popte Ubale	9 <sup>th</sup>	N. P. Ubale



Madha Taluka Shikshan Prasarak Mandal's  
**K. N. Bhise Arts, Commerce and Vinayakrao Patil Science College,**  
**Vidyanagar, Bhosare**  
**Department of History**  
 Extension Activity  
 Year-2022-23

Date - 22/12/2022

**Attendance Sheet**

Name of Activity: - Awareness about Anti-Child Abuse

Sr. No	Name of students	Class	Signature
01	Guru Nagesh Gaikwad	10 <sup>th</sup> B	G.N. Gaikwad.
02	Rushikesh Mahadev Ichike	10 <sup>th</sup> B	R.M. Ichike
03	Harsh Vishal Kharbade	10 <sup>th</sup> B	H.V. Kharbade
04	Samarth Tanaji Bagal	10 <sup>th</sup> B	S.T. Bagal
05	Amol Shivaji Pawar	10 <sup>th</sup> B	A.S. Pawar
06	Aman Jabbar Shaikh	10 <sup>th</sup> B	A.M. Shaikh
07	Sumit Satish Gavhane	10 <sup>th</sup> B	S.S. Gavhane
08	Prem Vilas Ubale	10 <sup>th</sup> B	P.V. Ubale...
09	Aarind Dattatraya Shinde	10 <sup>th</sup> B	Aarind S.
10	Foahan Sameer Shaikh	10 <sup>th</sup> B	F.S. Shaikh
11	Goham Dhnanjay Bagal	10 <sup>th</sup> B	SB
12	Prathamesh Jotiram Chavan	10 <sup>th</sup> B	P.J. Chavan
13	Dharamraj Tanaji Lungase	10 <sup>th</sup> B	D.T. Lungase
14	Nishant Susham Chavan	10 <sup>th</sup> B	N.S. Chavan
15	Om Bhausahaji Bagal	9 <sup>th</sup> B	o.b. bagal
16	Mangesh Vikas Bagal	9 <sup>th</sup> B	M.V. bagal
17	Yogesh Balu Modekar	9 <sup>th</sup> B	Y.B. Modekar.
18	Prasad Manjoti Kuxhade	9 <sup>th</sup> B	Prasad...
19	Goham Sushkant mane	9 <sup>th</sup> B	S.S. mane
20	Vasud Santosh Devkar	9 <sup>th</sup> B	V.S. Devkar.
21	Shreyash Yuvraj Parekar	9 <sup>th</sup> B	S.Y. Parekar
22	Majur Kisan Baske	9 <sup>th</sup> B	M.K. Baske
23	OMKARAJE Jyotiram Bagal	9 <sup>th</sup> B	O.M. bagal
24	Omkar Rajendra Chavan	9 <sup>th</sup> B	o.chavan
25	Atharv Anil Kadam	9 <sup>th</sup> B	A.A. Kadam



Madha Taluka Shikshan Prasarak Mandal's  
**K. N. Bhise Arts, Commerce and Vinayakrao Patil Science College,**  
**Vidyanagar, Bhosare**  
**Department of History**  
 Extension Activity  
 Year-2022-23

Date - 22/12/2022

**Attendance Sheet**

Name of Activity: - Awareness about Anti-Child Abuse

Sr. No	Name of students	Class	Signature
01	Renuka Prashant Patil	10 <sup>th</sup> A	R.P. Patil
02	Pooja Suresh Mane	10 <sup>th</sup> A	Pooja
03	Priyanka Mhesha Kadam	10 <sup>th</sup> A	P.M. Kadam
04	Seushi Bhushan Zingle	10 <sup>th</sup> A	Bzingle
05	shivratna Balaji Ubale.	10 <sup>th</sup> A	S. Ubale
06	Muskan Rafik Shaikh	10 <sup>th</sup> A	M.R. Shaikh
07	Aazra Jamir Shaikh	10 <sup>th</sup> A	A.J. Shaikh
08	Nandini Nitin kaluke	10 <sup>th</sup> A	K.N.N.
09	Gauri Balasaheb Bagal	10 <sup>th</sup> A	G.B. Bagal
10	Bandini Balasaheb Bagal	10 <sup>th</sup> A	B.B. Bagal
11	Aditi Sanjay Godase.	9 <sup>th</sup> B	A.S. Godase
12	Sapna Vinod Tambile	9 <sup>th</sup> B	S.V. Tambile
13	Vidya Vilas Gophane	9 <sup>th</sup> B	V.V. Gophane
14	Muskan Javed Shaikh	9 <sup>th</sup> B	M.J. Shaikh
15	Gauri Kundlik Vibhut	9 <sup>th</sup> B	G.K. Vibhute
16	Samiksha Bhimrao Bagal	9 <sup>th</sup> B	S.B. Bagal
17	Sayali Dattatray Ubale	9 <sup>th</sup> B	Ubale.S.D
18	Sayali Dagadu Ubale	9 <sup>th</sup> B	S.D. Ubale
19	Shruti Shivaji Asware	9 <sup>th</sup> B	S.S. Aswate
20	Rukmini Maruti Jadhav	9 <sup>th</sup> B	R.M. Jadhav
21	Tamanna Salim Shaikh	9 <sup>th</sup> B	Tamanna S.S.
22	Vaishnavi Shivaji Lungase	9 <sup>th</sup> B	V.S. Lungase
23	Ashwini Humant Dange	9 <sup>th</sup> B	A.H. Dange.
24	Samrindhi Dattatray Rant	9 <sup>th</sup> B	S.D. Rant
25	Rishan Ismail Shaikh	9 <sup>th</sup> B	R.I. Shaikh



Madha Taluka Shikshan Prasarak Mandal's  
**K. N. Bhise Arts, Commerce and Vinayakrao Patil Science College,**  
**Vidyanagar, Bhosare**  
**Department of History**  
 Extension Activity  
 Year-2022-23

Date - 22/12/2022

**Attendance Sheet**

Name of Activity: - Awareness about Anti-Child Abuse

Sr. No	Name of students	Class	Signature
01	Roban Santosh Kudam	10 <sup>th</sup> A	<u>Roban</u>
02	Pratik Dhanaji Ubale	10 <sup>th</sup> A	<u>P. D. Ubale</u>
03	Swapnil Shahaji Sathu	10 <sup>th</sup> A	<u>Swapnil</u>
04	Shreyash Ananta Ubale	10 <sup>th</sup> A	<u>S. A. Ubale</u>
05	Omkar Netaji Borcingule	10 <sup>th</sup> A	<u>Omkar</u>
06	Prathmesh dadasaheb ubale	10 <sup>th</sup> A	<u>P. D. Ubale</u>
07	saksham chandankant chavan	10 <sup>th</sup> A	<u>S. C. Chavan</u>
08	shailesh sachin Bachute	10 <sup>th</sup> A	<u>S. S. Bachute</u>
09	Mufij Kadir Shaikh	10 <sup>th</sup> A	<u>M. K. Shaikh</u>
10	SHIVRAJ Mahumant Abul.	10 <sup>th</sup> A	<u>S. H. Abul</u>
11	Ahiket Shivaji Khurbe	10 <sup>th</sup> A	<u>A. S. Khurbe</u>
12	SAHIL shahajiah sayyad	10 <sup>th</sup> A	<u>S. S. Sayyad</u>
13	yash Dattatray Jadhav	10 <sup>th</sup> A	<u>Y. D. Jadhav</u>
14	Krishna Dhanaji ghokar	10 <sup>th</sup> A	<u>Krishna</u>
15	Swapnil Balasaheb Balsekar	10 <sup>th</sup>	<u>S. B. Balsekar</u>
16	GAOPAT omkar khurbe	10 <sup>th</sup>	<u>O. G. Khurbe</u>
17	SURAJ KISANKURHADE	10 <sup>th</sup>	<u>S. K. Kurhade</u>
18	SUJAL Laxman ubale	9 <sup>th</sup> B	<u>Sujal</u>
19	Yashraj Dattatray ubale	9 <sup>th</sup> B	<u>Yashraj</u>
20	Pranav pinker tompe	9 <sup>th</sup> B	<u>P. R. Tompe</u>
21	Suraj Ravindra Bagal	9 <sup>th</sup> B	<u>S. R. Bagal</u>
22	Shivraj Dattatray Ubale	9 <sup>th</sup> B	<u>S. D. Ubale</u>
23	Suraj mahadev Ubale	9 <sup>th</sup> B	<u>S. M. Ubale</u>
24	Shinde Sahadev Shivam	9 <sup>th</sup> B	<u>S. S. Shinde</u>
25	Shivraj Sanjay ubale	9 <sup>th</sup> B	<u>S. J. Ubale</u>



Madha Taluka Shikshan Prasarak Mandal's  
**K. N. Bhise Arts, Commerce and Vinayakrao Patil Science College,**  
**Vidyanagar, Bhosare**  
**Department of History**  
 Extension Activity  
 Year-2022-23

Date - 22/12/2022

**Attendance Sheet**

Name of Activity: - Awareness about Anti-Child Abuse

Sr. No	Name of students	Class	Signature
01	Pamila Prakash Jngale	10 <sup>th</sup> A	P. P. Jngale
02	Tejasvini Saudagar shinde	10 <sup>th</sup> A	T. S. Shinde
03	Sakshi Madan Bandgare	10 <sup>th</sup> A	S. M. Bandgar
04	Vaishnavi Basavaraj Dhembase	10 <sup>th</sup> A	V. B. Dhembase
05	Subuddhi Arun More	10 <sup>th</sup> A	S. A. More
06	Gauri Sandipankambl	10 <sup>th</sup> A	G. S. Kambl
07	Sakshi sachin jagdale	10 <sup>th</sup> A	S. S. Jagdale
08	Apeksha Bhagavan Gholap	10 <sup>th</sup> A	Apekshag.
09	Anushka Subhash Raut	10 <sup>th</sup> A	Astaut.
10	Sumit vikram Attar	10 <sup>th</sup> A	S. V. Attar
11	Rajvardhan Suryakant Kadam	10 <sup>th</sup> A	R. S. Kadam.
12	Sanika Santosh Chavan	10 <sup>th</sup> B	S. S. Chavan.
13	Dnyaneshwari sham Gavade	10 <sup>th</sup> B	D. S. Gavade
14	Reshma Shahaji Degade.	10 <sup>th</sup> B	R. S. Degade
15	SANIYA MAHAMAD SHAIKH	10 <sup>th</sup> B	SMS
16	Sayali Santosh Gandhale .	10 <sup>th</sup> B	S. S. Gandhale.
17	Gauri Anna Ubale	10 <sup>th</sup> B	G. A. Ubale
18	Kirrat Daxrat ubale	10 <sup>th</sup> B	K. D. Ubale.
19	Pratiksha vilas ubale	10 <sup>th</sup> B	P. V. Ubale
20	Samruddhi Santosh sutar	10 <sup>th</sup> B	S. S. Sutar
21	Priti sanjay chavan	10 <sup>th</sup> B	P. S. Chavan
22	Renuka Angad sarade	10 <sup>th</sup> B	R. A. Sarade
23	Samron Dada Sayyad	9 <sup>th</sup> B	S. D. Sayyad
24	Ashwini NDAveshveda khune	9 <sup>th</sup> B	A. N. Khune
25	Neha Ravikant Takbhate	9 <sup>th</sup> B	N. R. Takbhate



Madha Taluka Shikshan Prasarak Mandal's  
**K. N. Bhise Arts, Commerce and Vinayakrao Patil Science College,**  
**Vidyanagar, Bhosare**  
**Department of History**  
**Extension Activity**  
**Year-2022-23**

Date - 22/12/2022

**Attendance Sheet**

Name of Activity: - Awareness about Anti-Child Abuse

Sr. No	Name of students	Class	Signature
01	<del>Amiket</del> Amiket Kaber Jagdale	10 <sup>th</sup>	Amiket
02	Susraj Sukhadev Parekar	10 <sup>th</sup>	Susraj
03	Roban Kalidas Bagal	10 <sup>th</sup>	Roban Bagal
04	Shivatej Vilas Ubale	10 <sup>th</sup>	S.V. Ubale
05	Shivraj Dashrath Sathre	10 <sup>th</sup>	Shivraj - Sathre
06	Shivraj. Dnyaneshwar. Khurhe	10 <sup>th</sup>	S. Khurhe
07	An Atharv. Jyotiram. Bobade	10 <sup>th</sup>	A.S. Bobade
08	Omkar. Mahumant. Khurhe	10 <sup>th</sup>	O.H. Khurhe
09	Tushar Homayant Raut	10 <sup>th</sup>	T.H. Raut
10	Santhak Saitish Jagtap	10 <sup>th</sup>	S.S. Jagtap
11	Om Gogakh Chavan	10 <sup>th</sup>	O.G. Chavan
12	Pruthvish Ashok Chavan	10 <sup>th</sup>	Pruthvish
13	Harim Gajendra Ubale	10 <sup>th</sup>	H.G. Ubale
14	Vijayraj Charan Ubale	10 <sup>th</sup>	V.C. Ubale
15	Dipak Vitthal Ubale	10 <sup>th</sup>	D.V. Ubale
16	Harish Vitthal Ubale	10 <sup>th</sup>	H.V. Ubale
17	Vishwjit Balaji Ubale	10 <sup>th</sup>	V.B. Ubale
18	Mauli Dattatray Ubale	10 <sup>th</sup>	M.D. Ubale
19	Aditya Khandu Satav	10 <sup>th</sup>	A.K. Satav
20	Om Mahadev Ubale	10 <sup>th</sup>	O.M. Ubale
21	Aditya Balasaheb Devkar	10 <sup>th</sup>	A.B. Devkar
22	Shydam Bajrang Satav	10 <sup>th</sup>	S.B. Satav
23	Yash Suresh Mane	9 <sup>th</sup>	Y.S. Mane
24	Swapnil Sunil Parbat	9 <sup>th</sup>	Swapnil
25	Aavishkar Shashikant Patil	9 <sup>th</sup>	A.S. Patil



Madha Taluka Shikshan Prasarak Mandal's  
**K N. Bhise Arts Commerce & Vinayakrao Patil Science College**  
**Vidyanagar, Bhosare**

Paranda Road, Kurduwadi, Tal- Madha, Dist Solapur Pin- 413208 (Maharashtra)

Email: - [knbacck@yahoo.co.in](mailto:knbacck@yahoo.co.in)

Phone No. :- (02183)223245

Fax No. :- (02183)223245

Ref. No.-

Date-04/10/2022

## Notice

All faculty members, including teaching, non-teaching, and Health Committee members, were present and informed about the upcoming capability enhancement lecture by Mr. Chandrakant Gaikwad, a member of The American Health Foundation Branch Madha. The lecture is on the topic of "Health Check-Up (BMI Check-Up)" and is being organized by the IQAC and Department of Physical Education & Sport on 06 & 07 October 2022.

**Venue:-** Cultural Hall

**Date:-** 06 & 07 Oct. 2022.



*Bacck*

**I/c. Principal**  
**K.N. Bhise Arts, Commerce &**  
**Vinayakrao Patil Science College**  
**Vidyanagar Bhosare, Dist-Solapur**



Madha Taluka Shikshan Prasarak Mandal's  
**K N. Bhise Arts Commerce & Vinayakrao Patil Science College**  
**Vidyanagar, Bhosare**

Paranda Road, Kurduwadi, Tal- Madha, Dist Solapur Pin- 413208 (Maharashtra)

Email: - [knbacck@yahoo.co.in](mailto:knbacck@yahoo.co.in)

Phone No. :- (02183)223245

Fax No. :- (02183)223245

Ref. No.-

Date-04/10/2022

To.

Mr. Chandrakant Gaikwad  
Member of the American Health Foundation,  
Madha Branch. Tal. – Madha, Dist. - Solapur

**Subject: Regarding invitation for guest lecture on dated 06 & 07 October 2022.**

**Respected Sir,**

The Department of Physical Education & Sport & IQAC from our college is planning to organize an expert lecture on the topic of "Health Check-Up (BMI Check-Up)" during the academic year 2022-2023. We would like to take this opportunity to invite you as the chief guest for this program. We humbly request you to accept our invitation and kindly convey your acceptance as soon as possible.

Thank you for considering our request.



*Bacck*

**I/c. Principal**  
**K.N. Bhise Arts, Commerce &**  
**Vinayakrao Patil Science College**  
**Vidyanagar Bhosare, Dist-Solapur**



Madha Taluka Shikshan Prasarak Mandal's  
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Paranda Road, Kurduwadi, Tal- Madha, Dist Solapur Pin- 413208 (Maharashtra)

Email:-[knbacck@yahoo.co.in](mailto:knbacck@yahoo.co.in)

Phone No. :- (02183)223245

Fax No. :- (02183)223245

Ref. No.-

Date-07/10/2022

## Activity Report

Name of the Department/ Committee : Physical Education and Sport  
Activity Report Year : 2022-2023  
Name of the activity : Health Check- Up (BMI Check Up)

Time	Venue	Date	Organizer
10.00 am to 11.30. am	Cultural Hall	06,07/10/2022	The American Health Foundation Branch Madha & Department of Physical Education and Sport

### General information of the activity

Name of Activity	Health Check- Up (BMI Check Up)
Objective for conductive the activity	1) To make awareness regarding health and body mass index.
Details of activity	The American Health Foundation Branch Madha, in partnership with the Department of Physical Education & Sports, conducted a health check-up program for the teaching and non-teaching staff. The program aimed to help all members understand their physical and mental health, and evaluate their efficiency. Mr. Chandrakant Gaikwad was the main speaker, who measured the BMI index and suggested measures to maintain a standard BMI. Physical Director Dr. P.I. Tambile discussed the role of diet in everyday life and emphasized the importance of maintaining good health. Principal Dr. P. S. Kamble talked about the impact of stress and busy routines on employees' health and their habits. All the health committee members were present and successfully organized the program. Dr. N. D. Deshmukh



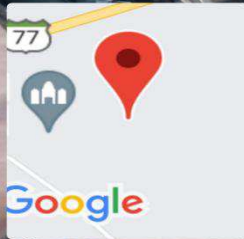
	hosted the program and gave the vote of thanks.
Outcome	All Faculty members were made aware about Health and their body mass index.



*Bhise*

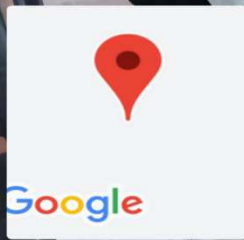
**I/c.Principal**  
**K.N.Bhise Arts, Commerce &**  
**Vinayakrao Patil Science College**  
**Vidyanagar Bhosare, Dist-Solapur**





GPS Map Camera  
Akulgaon, Maharashtra, India  
4C3X+93X, Akulgaon, Maharashtra 413208, India  
Lat 18.103661°  
Long 75.448856°  
06/10/22 12:30 PM GMT +05:30

**MR.CHANDRAKANT GAIKWAD WAS MEASURING B.M.I. OF Dr.M.S.SALUNKHE  
(TEACHING FACULTY)**



GPS Map Camera  
Mahatpur, Maharashtra, India  
Mahatpur, Maharashtra 413209, India  
Lat 18.098093°  
Long 75.49907°  
06/10/22 11:12 AM GMT +05:30

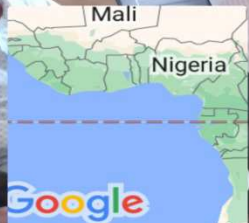
**MR.CHANDRAKANT GAIKWAD WAS MEASURING B.M.I. OF Mrs. V.S.SHINDE  
(TEACHING FACULTY)**







GPS Map Camera



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4C3M+9FC, Kurduvadi, Maharashtra 413208, India  
Lat 18.10347°  
Long 75.433663°  
07/10/22 11:42 AM GMT +05:30

**MR.CHANDRAKANT GAIKWAD WAS MEASURING B.M.I. OF Dr.S.V.LONDHE  
(TEACHING FACULTY)**



GPS Map Camera



Kurduvadi, Maharashtra, India  
4C3M+9FC, Kurduvadi, Maharashtra 413208, India  
Lat 18.10347°  
Long 75.433663°  
07/10/22 11:44 AM GMT +05:30

**MR.CHANDRAKANT GAIKWAD WAS MEASURING B.M.I. OF Dr. A.H.KADAM  
(TEACHING FACULTY)**





Madha Taluka Shikshan Prasarak Mandal's  
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Phone No. :- (02183)223245

Fax No. :- (02183)223245

Ref. No.-

Date-07/10/2022

To.

Mr. Chandrakant Gaikwad

Member of the American Health Foundation,

Madha Branch. Tal.– Madha, Dist.- Solapur

Dear Sir,

We are very much thankful to you for accepting our invitation and being present in our college as a chief guest to deliver the expert lecture dated 06 and 07 Oct.2022 on the topic “Health Check-Up (BMI Check-Up)”.

Our teaching and non-teaching staff undoubtedly benefited from the interaction they had with you after your inspiring & learned lecture. Your lecture motivated our teaching and non-teaching staff to understand the importance of Health check-ups (BMI check-ups). I take this opportunity to express indebtedness Forever cooperation and active help.

Thanking you



*Bacck*

**I/c.Principal**  
**K.N.Bhise Arts, Commerce &**  
**Vinayakrao Patil Science College**  
**Vidyanagar Bhosare, Dist-Solapur**



यहाँ आगेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Gaikwad  
Mo. 9420917530  
9284718948

**Coaching Class**

6110122 CUSTOMER INFORMATION SHEET 1-74 46

Name: जं. विकास जागरे वय - 40 74 Kg

Mobile Number: 9850592491

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	76.6	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	16.1	10 - 15	16 - 18	18 +
Muscle %	31.1	M = 33 - 36 F = 30 - 33		
Body FAT %	25.7	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	10.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1697	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	25.3	20 - 23	23 - 25	25+
Metabolic Age	47	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats  Diabetes  
Salt  BP  
Sugar  Heart Problem  
Carbs  Cancer  
Pesticides  Stroke

Proteins  Low Energy  
Vitamins  Low Immunity  
Minerals  Malnutrition  
Fiber  Indigestion/Constipation/Acidity  
Herbs  Hairfall  
Water  Early Aging/Toxins

Obesity offers a fertile ground for these lifestyle diseases

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आगेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Gaikwad  
Mo. 9420917530  
9284718948

**Coaching Class**

6110122 CUSTOMER INFORMATION SHEET 162-47

Name: या. दिपक जाधव 36-वय 62 Kg

Mobile Number: 7030365904

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	75.9	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	18.6	10 - 15	16 - 18	18 +
Muscle %	28.9	M = 33 - 36 F = 30 - 33		
Body FAT %	28.6	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	15.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1661	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	28.9	20 - 23	23 - 25	25+
Metabolic Age	51	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats  Diabetes  
Salt  BP  
Sugar  Heart Problem  
Carbs  Cancer  
Pesticides  Stroke

Proteins  Low Energy  
Vitamins  Low Immunity  
Minerals  Malnutrition  
Fiber  Indigestion/Constipation/Acidity  
Herbs  Hairfall  
Water  Early Aging/Toxins

Obesity offers a fertile ground for these lifestyle diseases

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आगेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Gaikwad  
Mo. 9420917530  
9284718948

**Coaching Class**

6110122 CUSTOMER INFORMATION SHEET 170 47

Name: जं. अमर वाकडे वय - 34 70

Mobile Number: 9604123093

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	77.3	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	18.2	10 - 15	16 - 18	18 +
Muscle %	29.8	M = 33 - 36 F = 30 - 33		
Body FAT %	28.9	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	11.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1689	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	26.7	20 - 23	23 - 25	25+
Metabolic Age	48	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats  Diabetes  
Salt  BP  
Sugar  Heart Problem  
Carbs  Cancer  
Pesticides  Stroke

Proteins  Low Energy  
Vitamins  Low Immunity  
Minerals  Malnutrition  
Fiber  Indigestion/Constipation/Acidity  
Herbs  Hairfall  
Water  Early Aging/Toxins

Obesity offers a fertile ground for these lifestyle diseases

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आगेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Gaikwad  
Mo. 9420917530  
9284718948

**Coaching Class**

6110122 CUSTOMER INFORMATION SHEET 149 48

Name: या. वंदना शिंदे वय - 41 45

Mobile Number: 9689873333

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	58.4	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	28.1	10 - 15	16 - 18	18 +
Muscle %	22.2	M = 33 - 36 F = 30 - 33		
Body FAT %	36.5	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	8.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1215	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	26.3	20 - 23	23 - 25	25+
Metabolic Age	52	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats  Diabetes  
Salt  BP  
Sugar  Heart Problem  
Carbs  Cancer  
Pesticides  Stroke

Proteins  Low Energy  
Vitamins  Low Immunity  
Minerals  Malnutrition  
Fiber  Indigestion/Constipation/Acidity  
Herbs  Hairfall  
Water  Early Aging/Toxins

Obesity offers a fertile ground for these lifestyle diseases

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*





यहाँ आने पर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Gaikwad  
Coaching Class Mo. 9420917530  
9284718948

6/10/22 CUSTOMER INFORMATION SHEET 172 48

Name: श्री. सुभाष शिरसकर वय - 43 100  
Mobile Number: 9373497440 कुडवाडी, कोण्डेज

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	87.7	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	19.0	10 - 15	16 - 18	18 +
Muscle %	29.6	M = 33 - 36 F = 30 - 33		
Body FAT %	25.5	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	16.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1852	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	29.6	20 - 23	23 - 25	25+
Metabolic Age	57	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Obesity officers a fertile ground for these lifestyle diseases

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आने पर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Gaikwad  
Coaching Class Mo. 9420917530  
9284718948

6/10/22 CUSTOMER INFORMATION SHEET 174 49

Name: प्रा. काळिदास राऊत वय - 29 74  
Mobile Number: 9309910921 कुडवाडी, कोण्डेज

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	85.4	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	19.0	10 - 15	16 - 18	18 +
Muscle %	29.9	M = 33 - 36 F = 30 - 33		
Body FAT %	23.7	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	12.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1815	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	28.2	20 - 23	23 - 25	25+
Metabolic Age	49	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Obesity officers a fertile ground for these lifestyle diseases

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आने पर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Gaikwad  
Coaching Class Mo. 9420917530  
9284718948

6/10/22 CUSTOMER INFORMATION SHEET 171 49

Name: श्री. दत्तात्रय शिंदे वय - 30 71  
Mobile Number: 9552743237 कुडवाडी, कोण्डेज

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	85.4	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	19.6	10 - 15	16 - 18	18 +
Muscle %	29.4	M = 33 - 36 F = 30 - 33		
Body FAT %	30.3	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	14.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1809	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	29.2	20 - 23	23 - 25	25+
Metabolic Age	50	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Obesity officers a fertile ground for these lifestyle diseases

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आने पर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Gaikwad  
Coaching Class Mo. 9420917530  
9284718948

6/10/22 CUSTOMER INFORMATION SHEET 199 50

Name: प्रा. अनिल बंड वय - 40 59  
Mobile Number: 9309840179 कुडवाडी, कोण्डेज

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	68.6	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	16.9	10 - 15	16 - 18	18 +
Muscle %	29.2	M = 33 - 36 F = 30 - 33		
Body FAT %	26.4	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	13.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1554	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	27.1	20 - 23	23 - 25	25+
Metabolic Age	49	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Obesity officers a fertile ground for these lifestyle diseases

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*





यहाँ जानेपर जितनी मिलेगी दोबारा.....

**HEALTH** Chandrakant Galkwad  
Mo. 9420917530  
9284718948

**Coaching Class**

6110122 CUSTOMER INFORMATION SHEET 197 50

Name डॉ. प्रशांत तीर्थाळे - वय - 47 77  
Mobile Number 7385515060 कुडवापि, कोल्हा

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	70.9	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	15.3	10 - 15	16 - 18	18 +
Muscle %	31.0	M = 33 - 36 F = 30 - 33		
Body FAT %	25.5	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Vissceral FAT %	8.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1604	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	22.6	20 - 23	23 - 25	25+
Metabolic Age	45	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

*Obesity offers a fertile ground for these lifestyle diseases*

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ जानेपर जितनी मिलेगी दोबारा.....

**HEALTH** Chandrakant Galkwad  
Mo. 9420917530  
9284718948

**Coaching Class**

6110122 CUSTOMER INFORMATION SHEET 172 51

Name डॉ. विकास कृपाळ, वय - 32 72  
Mobile Number 9518504794 कुडवापि, कोल्हा

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	52.3	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	11.2	10 - 15	16 - 18	18 +
Muscle %	34.3	M = 33 - 36 F = 30 - 33		
Body FAT %	20.5	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Vissceral FAT %	2.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1330	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	17.7	20 - 23	23 - 25	25+
Metabolic Age	19	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

*Obesity offers a fertile ground for these lifestyle diseases*

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ जानेपर जितनी मिलेगी दोबारा.....

**HEALTH** Chandrakant Galkwad  
Mo. 9420917530  
9284718948

**Coaching Class**

6110122 CUSTOMER INFORMATION SHEET 192 51

Name डॉ. अजिंक्य मोरे वय - 42 72  
Mobile Number 9422733371 कुडवापि, कोल्हा

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	34.2	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	18.2	10 - 15	16 - 18	18 +
Muscle %	29.9	M = 33 - 36 F = 30 - 33		
Body FAT %	25.1	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Vissceral FAT %	14.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1801	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	28.5	20 - 23	23 - 25	25+
Metabolic Age	55	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

*Obesity offers a fertile ground for these lifestyle diseases*

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ जानेपर जितनी मिलेगी दोबारा.....

**HEALTH** Chandrakant Galkwad  
Mo. 9420917530  
9284718948

**Coaching Class**

6110122 CUSTOMER INFORMATION SHEET 183 52

Name डॉ. शरद तनपुरे वय - 45 83  
Mobile Number कुडवापि, कोल्हा

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	73.8	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	14.5	10 - 15	16 - 18	18 +
Muscle %	32.0	M = 33 - 36 F = 30 - 33		
Body FAT %	24.4	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Vissceral FAT %	7.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1660	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	22.0	20 - 23	23 - 25	25+
Metabolic Age	43	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

*Obesity offers a fertile ground for these lifestyle diseases*

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*





यहाँ आनेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Galkwad  
Mo. 9420917530  
9284718948  
**Coaching Class**

6/10/22 CUSTOMER INFORMATION SHEET 175 52

Name: श्री. अक्षय पाटील वय - 26 75

Mobile Number: 7588879706 कुडवाडि, कोडि

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	60.9	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	14.5	10 - 15	16 - 18	18 +
Muscle %	33.3	M = 33 - 36 F = 30 - 33		
Body FAT %	25.3	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Vissceral FAT %	4.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1456	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	19.9	20 - 23	23 - 25	25+
Metabolic Age	27	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Obesity offers a fertile ground for these lifestyle diseases

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आनेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Galkwad  
Mo. 9420917530  
9284718948  
**Coaching Class**

6/10/22 CUSTOMER INFORMATION SHEET 176 53

Name: श्री. भगवान बटेक वय - 45 76

Mobile Number: 9922635320 कुडवाडि, कोडि

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	82.0	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	16.5	10 - 15	16 - 18	18 +
Muscle %	31.1	M = 33 - 36 F = 30 - 33		
Body FAT %	25.9	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Vissceral FAT %	12.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1782	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	26.5	20 - 23	23 - 25	25+
Metabolic Age	52	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Obesity offers a fertile ground for these lifestyle diseases

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आनेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Galkwad  
Mo. 9420917530  
9284718948  
**Coaching Class**

6/10/22 CUSTOMER INFORMATION SHEET 165 53

Name: श्री. प्रशांत सार्वत वय - 37 65

Mobile Number: 9156789429 कुडवाडि, कोडि

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	67.4	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	17.5	10 - 15	16 - 18	18 +
Muscle %	29.5	M = 33 - 36 F = 30 - 33		
Body FAT %	28.3	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Vissceral FAT %	10.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1531	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	24.8	20 - 23	23 - 25	25+
Metabolic Age	45	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Obesity offers a fertile ground for these lifestyle diseases

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आनेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Galkwad  
Mo. 9420917530  
9284718948  
**Coaching Class**

6/10/22 CUSTOMER INFORMATION SHEET 175 54

Name: श्री. वैभव जयदे वय - 39 75

Mobile Number: 9922635320 कुडवाडि, कोडि

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	79.0	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	18.3	10 - 15	16 - 18	18 +
Muscle %	29.7	M = 33 - 36 F = 30 - 33		
Body FAT %	29.5	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Vissceral FAT %	11.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1713	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	25.8	20 - 23	23 - 25	25+
Metabolic Age	50	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Obesity offers a fertile ground for these lifestyle diseases

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*





6/10/22 CUSTOMER INFORMATION SHEET 171 54  
 Name - श्री. विजयकुमार फलेड वय-55 71  
 Mobile Number : 9860655742 कुर्वाड, कोल्हा.

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	65.3	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	20.3	10 - 15	16 - 18	18 +
Muscle %	27.1	M = 33 - 36 F = 30 - 33		
Body FAT %	34.8	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	8.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1470	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	22.4	20 - 23	23 - 25	25+
Metabolic Age	53	Should be same as your Actual Age		

- TICK ONE OR MORE RELATED TO YOU**
- Weakness
  - Acidity
  - Indigestion
  - Gases
  - Low Energy
  - Constipation
  - Piles
  - Stress
  - Hair Loss
  - Black Circles
  - Pimples
  - Pigmentation
  - Migrain
  - Diabetes
  - Heart Related Problems
  - Low B.P.
  - High B.P.
  - Spondylitis
  - Neck Pain
  - Back Pain
  - Lower Back Pain
  - Leg Muscle Pain
  - Arthritis
  - Thyroid
  - Headache
  - Sinus
- EXCESSES OR DEFICIENCIES**
- Fats } Diabetes
  - Salt } BP
  - Sugar } Heart Problem
  - Carbs } Cancer
  - Pesticides } Stroke
  - Proteins } Low Energy
  - Vitamins } Low Immunity
  - Minerals } Malnutrition
  - Fiber } Indigestion/Constipation/Acidity
  - Herbs } Hairfall
  - Water } Early Aging/Toxins
- Obesity offers a fertile ground for these lifestyle diseases

Are you undergoing any Medication ? Yes / No  
 \* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

6/10/22 CUSTOMER INFORMATION SHEET 165 55  
 Name - श्री. दादासाहेब कांते वय-49 65  
 Mobile Number : कुर्वाड, कोल्हा.

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	70.0	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	20.3	10 - 15	16 - 18	18 +
Muscle %	26.7	M = 33 - 36 F = 30 - 33		
Body FAT %	32.7	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	14.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1544	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	26.7	20 - 23	23 - 25	25+
Metabolic Age	56	Should be same as your Actual Age		

- TICK ONE OR MORE RELATED TO YOU**
- Weakness
  - Acidity
  - Indigestion
  - Gases
  - Low Energy
  - Constipation
  - Piles
  - Stress
  - Hair Loss
  - Black Circles
  - Pimples
  - Pigmentation
  - Migrain
  - Diabetes
  - Heart Related Problems
  - Low B.P.
  - High B.P.
  - Spondylitis
  - Neck Pain
  - Back Pain
  - Lower Back Pain
  - Leg Muscle Pain
  - Arthritis
  - Thyroid
  - Headache
  - Sinus
- EXCESSES OR DEFICIENCIES**
- Fats } Diabetes
  - Salt } BP
  - Sugar } Heart Problem
  - Carbs } Cancer
  - Pesticides } Stroke
  - Proteins } Low Energy
  - Vitamins } Low Immunity
  - Minerals } Malnutrition
  - Fiber } Indigestion/Constipation/Acidity
  - Herbs } Hairfall
  - Water } Early Aging/Toxins
- Obesity offers a fertile ground for these lifestyle diseases

Are you undergoing any Medication ? Yes / No  
 \* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

6/10/22 CUSTOMER INFORMATION SHEET 159 55  
 Name - श्री. दयाल पटेल वय-30 69  
 Mobile Number : 7387483711 कुर्वाड, कोल्हा.

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	72.0	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	16.3	10 - 15	16 - 18	18 +
Muscle %	31.0	M = 33 - 36 F = 30 - 33		
Body FAT %	26.2	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	9.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1620	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	25.2	20 - 23	23 - 25	25+
Metabolic Age	41	Should be same as your Actual Age		

- TICK ONE OR MORE RELATED TO YOU**
- Weakness
  - Acidity
  - Indigestion
  - Gases
  - Low Energy
  - Constipation
  - Piles
  - Stress
  - Hair Loss
  - Black Circles
  - Pimples
  - Pigmentation
  - Migrain
  - Diabetes
  - Heart Related Problems
  - Low B.P.
  - High B.P.
  - Spondylitis
  - Neck Pain
  - Back Pain
  - Lower Back Pain
  - Leg Muscle Pain
  - Arthritis
  - Thyroid
  - Headache
  - Sinus
- EXCESSES OR DEFICIENCIES**
- Fats } Diabetes
  - Salt } BP
  - Sugar } Heart Problem
  - Carbs } Cancer
  - Pesticides } Stroke
  - Proteins } Low Energy
  - Vitamins } Low Immunity
  - Minerals } Malnutrition
  - Fiber } Indigestion/Constipation/Acidity
  - Herbs } Hairfall
  - Water } Early Aging/Toxins
- Obesity offers a fertile ground for these lifestyle diseases

Are you undergoing any Medication ? Yes / No  
 \* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

6/10/22 CUSTOMER INFORMATION SHEET 146 55  
 Name - श्री. सुभांगि दाम वय-48 42  
 Mobile Number : 9850410980 कुर्वाड, कोल्हा.

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	52.9	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	32.9	10 - 15	16 - 18	18 +
Muscle %	18.9	M = 33 - 36 F = 30 - 33		
Body FAT %	44.5	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	7.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1101	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	24.8	20 - 23	23 - 25	25+
Metabolic Age	58	Should be same as your Actual Age		

- TICK ONE OR MORE RELATED TO YOU**
- Weakness
  - Acidity
  - Indigestion
  - Gases
  - Low Energy
  - Constipation
  - Piles
  - Stress
  - Hair Loss
  - Black Circles
  - Pimples
  - Pigmentation
  - Migrain
  - Diabetes
  - Heart Related Problems
  - Low B.P.
  - High B.P.
  - Spondylitis
  - Neck Pain
  - Back Pain
  - Lower Back Pain
  - Leg Muscle Pain
  - Arthritis
  - Thyroid
  - Headache
  - Sinus
- EXCESSES OR DEFICIENCIES**
- Fats } Diabetes
  - Salt } BP
  - Sugar } Heart Problem
  - Carbs } Cancer
  - Pesticides } Stroke
  - Proteins } Low Energy
  - Vitamins } Low Immunity
  - Minerals } Malnutrition
  - Fiber } Indigestion/Constipation/Acidity
  - Herbs } Hairfall
  - Water } Early Aging/Toxins
- Obesity offers a fertile ground for these lifestyle diseases

Are you undergoing any Medication ? Yes / No  
 \* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*





6110122 CUSTOMER INFORMATION SHEET 170 56

Name: **श्री. सुयश वाघ वय-36** 70  
 Mobile Number: **9423393694** कुईवाडी, कोणेत

PARAMETER		Normal	High	Risk
Weight (Kgs)	74.1	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	19.5	10 - 15	16 - 18	18 +
Muscle %	28.9	M = 33 - 36 F = 30 - 33		
Body FAT %	37.7	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	17.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1624	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	25.6	20 - 23	23 - 25	25+
Metabolic Age	48	Should be same as your Actual Age		

- TICK ONE OR MORE RELATED TO YOU**
- Weakness
  - Acidity
  - Indigestion
  - Gases
  - Low Energy
  - Constipation
  - Piles
  - Stress
  - Hair Loss
  - Black Circles
  - Pimples
  - Pigmentation
  - Migrain
  - Diabetes
  - Heart Related Problems
  - Low B.P.
  - High B.P.
  - Spondylitis
  - Neck Pain
  - Back Pain
  - Lower Back Pain
  - Leg Muscle Pain
  - Arthritis
  - Thyroid
  - Headache
  - Sinus
- EXCESSES OR DEFICIENCIES**
- Fats } Diabetes
  - Salt } BP
  - Sugar } Heart Problem
  - Carbs } Cancer
  - Pesticides } Stroke
  - Proteins } Low Energy
  - Vitamins } Low Immunity
  - Minerals } Malnutrition
  - Fiber } Indigestion/Constipation/Acidity
  - Herbs } Hairfall
  - Water } Early Aging/Toxins
- Obesity offers a fertile ground for these lifestyle diseases

Are you undergoing any Medication ? Yes / No  
 \* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

6110122 CUSTOMER INFORMATION SHEET 161

Name: **श्री. कु. निकेशजी राजगोण वय-36** 57  
 Mobile Number: **9763052235** कुईवाडी, कोणेत

PARAMETER		Normal	High	Risk
Weight (Kgs)	58.6	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	24.1	10 - 15	16 - 18	18 +
Muscle %	24.8	M = 33 - 36 F = 30 - 33		
Body FAT %	38.0	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	4.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1254	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	23.0	20 - 23	23 - 25	25+
Metabolic Age	36	Should be same as your Actual Age		

- TICK ONE OR MORE RELATED TO YOU**
- Weakness
  - Acidity
  - Indigestion
  - Gases
  - Low Energy
  - Constipation
  - Piles
  - Stress
  - Hair Loss
  - Black Circles
  - Pimples
  - Pigmentation
  - Migrain
  - Diabetes
  - Heart Related Problems
  - Low B.P.
  - High B.P.
  - Spondylitis
  - Neck Pain
  - Back Pain
  - Lower Back Pain
  - Leg Muscle Pain
  - Arthritis
  - Thyroid
  - Headache
  - Sinus
- EXCESSES OR DEFICIENCIES**
- Fats } Diabetes
  - Salt } BP
  - Sugar } Heart Problem
  - Carbs } Cancer
  - Pesticides } Stroke
  - Proteins } Low Energy
  - Vitamins } Low Immunity
  - Minerals } Malnutrition
  - Fiber } Indigestion/Constipation/Acidity
  - Herbs } Hairfall
  - Water } Early Aging/Toxins
- Obesity offers a fertile ground for these lifestyle diseases

Are you undergoing any Medication ? Yes / No  
 \* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

6110122 CUSTOMER INFORMATION SHEET 146 57

Name: **श्री. सुजाता दोसमजी वय-41** 42  
 Mobile Number: **7057239907** कुईवाडी, कोणेत

PARAMETER		Normal	High	Risk
Weight (Kgs)	60.6	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	31.9	10 - 15	16 - 18	18 +
Muscle %	20.3	M = 33 - 36 F = 30 - 33		
Body FAT %	48.8	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	18.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1228	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	28.4	20 - 23	23 - 25	25+
Metabolic Age	56	Should be same as your Actual Age		

- TICK ONE OR MORE RELATED TO YOU**
- Weakness
  - Acidity
  - Indigestion
  - Gases
  - Low Energy
  - Constipation
  - Piles
  - Stress
  - Hair Loss
  - Black Circles
  - Pimples
  - Pigmentation
  - Migrain
  - Diabetes
  - Heart Related Problems
  - Low B.P.
  - High B.P.
  - Spondylitis
  - Neck Pain
  - Back Pain
  - Lower Back Pain
  - Leg Muscle Pain
  - Arthritis
  - Thyroid
  - Headache
  - Sinus
- EXCESSES OR DEFICIENCIES**
- Fats } Diabetes
  - Salt } BP
  - Sugar } Heart Problem
  - Carbs } Cancer
  - Pesticides } Stroke
  - Proteins } Low Energy
  - Vitamins } Low Immunity
  - Minerals } Malnutrition
  - Fiber } Indigestion/Constipation/Acidity
  - Herbs } Hairfall
  - Water } Early Aging/Toxins
- Obesity offers a fertile ground for these lifestyle diseases

Are you undergoing any Medication ? Yes / No  
 \* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

6110122 CUSTOMER INFORMATION SHEET 173 53

Name: **श्री. रंजित पाविक वय-31** 73  
 Mobile Number: **9423336823** कुईवाडी, कोणेत


PARAMETER		Normal	High	Risk
Weight (Kgs)	88.3	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	20.1	10 - 15	16 - 18	18 +
Muscle %	29.2	M = 33 - 36 F = 30 - 33		
Body FAT %	31.8	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	18.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1851	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	29.5	20 - 23	23 - 25	25+
Metabolic Age	52	Should be same as your Actual Age		

- TICK ONE OR MORE RELATED TO YOU**
- Weakness
  - Acidity
  - Indigestion
  - Gases
  - Low Energy
  - Constipation
  - Piles
  - Stress
  - Hair Loss
  - Black Circles
  - Pimples
  - Pigmentation
  - Migrain
  - Diabetes
  - Heart Related Problems
  - Low B.P.
  - High B.P.
  - Spondylitis
  - Neck Pain
  - Back Pain
  - Lower Back Pain
  - Leg Muscle Pain
  - Arthritis
  - Thyroid
  - Headache
  - Sinus
- EXCESSES OR DEFICIENCIES**
- Fats } Diabetes
  - Salt } BP
  - Sugar } Heart Problem
  - Carbs } Cancer
  - Pesticides } Stroke
  - Proteins } Low Energy
  - Vitamins } Low Immunity
  - Minerals } Malnutrition
  - Fiber } Indigestion/Constipation/Acidity
  - Herbs } Hairfall
  - Water } Early Aging/Toxins
- Obesity offers a fertile ground for these lifestyle diseases

Are you undergoing any Medication ? Yes / No  
 \* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*






**HEALTH** Chandrakant Galkwad  
 Mo. 9420917530  
 9284718948  
**Coaching Class**

**CUSTOMER INFORMATION SHEET** 182 58  
 Name: **प्रा. मदन पाटील वय-38**  
 Mobile Number: **8625846320** कृपिपि, कोणे

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	85.2	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	18.4	10 - 15	16 - 18	18 +
Muscle %	30.1	M = 33 - 36 F = 30 - 33		
Body FAT %	29.7	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Vissceral FAT %	11.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1813	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	25.7	20 - 23	23 - 25	25+
Metabolic Age	51	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  
 Acidity  
 Indigestion  
 Gases  
 Low Energy  
 Constipation  
 Piles  
 Stress  
 Hair Loss  
 Black Circles  
 Pimples  
 Pigmentation  
 Migrain


**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*


**HEALTH** Chandrakant Galkwad  
 Mo. 9420917530  
 9284718948  
**Coaching Class**

**CUSTOMER INFORMATION SHEET** 169 59  
 Name: **प्रा. शिवाजी पवार वय-28**  
 Mobile Number: **7020375994** कृपिपि, कोणे

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	73.9	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	15.1	10 - 15	16 - 18	18 +
Muscle %	32.2	M = 33 - 36 F = 30 - 33		
Body FAT %	23.6	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Vissceral FAT %	10.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1665	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	25.9	20 - 23	23 - 25	25+
Metabolic Age	40	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  
 Acidity  
 Indigestion  
 Gases  
 Low Energy  
 Constipation  
 Piles  
 Stress  
 Hair Loss  
 Black Circles  
 Pimples  
 Pigmentation  
 Migrain


**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*


**HEALTH** Chandrakant Galkwad  
 Mo. 9420917530  
 9284718948  
**Coaching Class**

**CUSTOMER INFORMATION SHEET** 176 59  
 Name: **प्रा. मनोज पाटील वय-33**  
 Mobile Number: **9850167679** कृपिपि, कोणे

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	97.9	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	20.1	10 - 15	16 - 18	18 +
Muscle %	30.0	M = 33 - 36 F = 30 - 33		
Body FAT %	31.1	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Vissceral FAT %	17.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	2012	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	31.6	20 - 23	23 - 25	25+
Metabolic Age	56	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  
 Acidity  
 Indigestion  
 Gases  
 Low Energy  
 Constipation  
 Piles  
 Stress  
 Hair Loss  
 Black Circles  
 Pimples  
 Pigmentation  
 Migrain


**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*


**HEALTH** Chandrakant Galkwad  
 Mo. 9420917530  
 9284718948  
**Coaching Class**

**CUSTOMER INFORMATION SHEET** 158 60  
 Name: **डा. लखन वाघभोर वय-44**  
 Mobile Number: **9627941452** कृपिपि, कोणे

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	64.0	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	15.9	10 - 15	16 - 18	18 +
Muscle %	29.2	M = 33 - 36 F = 30 - 33		
Body FAT %	25.2	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Vissceral FAT %	12.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1483	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	25.6	20 - 23	23 - 25	25+
Metabolic Age	48	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  
 Acidity  
 Indigestion  
 Gases  
 Low Energy  
 Constipation  
 Piles  
 Stress  
 Hair Loss  
 Black Circles  
 Pimples  
 Pigmentation  
 Migrain

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*





यहाँ आनेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Gaikwad  
Coaching Class Mo. 9420917530 9284718948

6110122 CUSTOMER INFORMATION SHEET 171 60

Name: डॉ. दत्तात्रय कदम वय - 40  
Mobile Number: 9790952151 कुडवाडी, काँजे

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	62.7	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	16.5	10 - 15	16 - 18	18 +
Muscle %	30.4	M = 33 - 36 F = 30 - 33		
Body FAT %	23.3	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Vissceral FAT %	6.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1462	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	21.4	20 - 23	23 - 25	25+
Metabolic Age	59	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats  Diabetes  
Salt  BP  
Sugar  Heart Problem  
Carbs  Cancer  
Pesticides  Stroke

Obesity officers a fertile ground for these lifestyle diseases

Proteins  Low Energy  
Vitamins  Low Immunity  
Minerals  Malnutrition  
Fiber  Indigestion/Constipation/Acidity  
Herbs  Hairfall  
Water  Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आनेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Gaikwad  
Coaching Class Mo. 9420917530 9284718948

6110122 CUSTOMER INFORMATION SHEET 156 61

Name: डॉ. अनिता साकुंरे वय - 48  
Mobile Number: 9604058211 कुडवाडी, काँजे

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	58.5	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	30.0	10 - 15	16 - 18	18 +
Muscle %	20.9	M = 33 - 36 F = 30 - 33		
Body FAT %	40.3	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Vissceral FAT %	9.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1200	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	24.0	20 - 23	23 - 25	25+
Metabolic Age	57	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats  Diabetes  
Salt  BP  
Sugar  Heart Problem  
Carbs  Cancer  
Pesticides  Stroke

Obesity officers a fertile ground for these lifestyle diseases

Proteins  Low Energy  
Vitamins  Low Immunity  
Minerals  Malnutrition  
Fiber  Indigestion/Constipation/Acidity  
Herbs  Hairfall  
Water  Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आनेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Gaikwad  
Coaching Class Mo. 9420917530 9284718948

6110122 CUSTOMER INFORMATION SHEET 144 61

Name: डॉ. अनूपभा पोच वय - 47  
Mobile Number: 9542125017 कुडवाडी, काँजे

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	63.1	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	37.2	10 - 15	16 - 18	18 +
Muscle %	17.8	M = 33 - 36 F = 30 - 33		
Body FAT %	48.3	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Vissceral FAT %	14.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1235	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	30.4	20 - 23	23 - 25	25+
Metabolic Age	65	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats  Diabetes  
Salt  BP  
Sugar  Heart Problem  
Carbs  Cancer  
Pesticides  Stroke

Obesity officers a fertile ground for these lifestyle diseases

Proteins  Low Energy  
Vitamins  Low Immunity  
Minerals  Malnutrition  
Fiber  Indigestion/Constipation/Acidity  
Herbs  Hairfall  
Water  Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आनेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Gaikwad  
Coaching Class Mo. 9420917530 9284718948

6110122 CUSTOMER INFORMATION SHEET 162 62

Name: प्रा. काकीचरण गिळबिणे वय - 48  
Mobile Number: 9404275785 कुडवाडी, काँजे

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	77.0	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	28.1	10 - 15	16 - 18	18 +
Muscle %	27.5	M = 33 - 36 F = 30 - 33		
Body FAT %	31.7	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Vissceral FAT %	18.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1601	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	29.3	20 - 23	23 - 25	25+
Metabolic Age	56	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats  Diabetes  
Salt  BP  
Sugar  Heart Problem  
Carbs  Cancer  
Pesticides  Stroke

Obesity officers a fertile ground for these lifestyle diseases

Proteins  Low Energy  
Vitamins  Low Immunity  
Minerals  Malnutrition  
Fiber  Indigestion/Constipation/Acidity  
Herbs  Hairfall  
Water  Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*





यहाँ आनेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Gaikwad  
Mo. 9420917530  
9284718948  
**Coaching Class**

6110122 CUSTOMER INFORMATION SHEET 155 62

Name: डा. बप्पासाहेब बेरक वय-40 55  
Mobile Number: कुर्विदि, कॉलेज

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	65.5	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	19.9	10 - 15	16 - 18	18 +
Muscle %	26.9	M = 33 - 36 F = 30 - 33		
Body FAT %	31.8	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	13.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1478	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	27.3	20 - 23	23 - 25	25+
Metabolic Age	51	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

*Obesity offers a fertile ground for these lifestyle diseases*

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आनेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Gaikwad  
Mo. 9420917530  
9284718948  
**Coaching Class**

6110122 CUSTOMER INFORMATION SHEET 184 63

Name: श्री. विनाय कान्हे वय-30 84  
Mobile Number: 9860489664 कुर्विदि, कॉलेज

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	91.9	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	17.8	10 - 15	16 - 18	18 +
Muscle %	31.3	M = 33 - 36 F = 30 - 33		
Body FAT %	28.0	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	11.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1935	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	27.1	20 - 23	23 - 25	25+
Metabolic Age	48	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

*Obesity offers a fertile ground for these lifestyle diseases*

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आनेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Gaikwad  
Mo. 9420917530  
9284718948  
**Coaching Class**

6110122 CUSTOMER INFORMATION SHEET 163 63

Name: श्री. नितीश कुरामुख वय-38 68  
Mobile Number: 8149262923 कुर्विदि, कॉलेज

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	63.4	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	16.0	10 - 15	16 - 18	18 +
Muscle %	30.5	M = 33 - 36 F = 30 - 33		
Body FAT %	26.8	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	7.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1477	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	22.5	20 - 23	23 - 25	25+
Metabolic Age	40	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

*Obesity offers a fertile ground for these lifestyle diseases*

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आनेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Gaikwad  
Mo. 9420917530  
9284718948  
**Coaching Class**

6110122 CUSTOMER INFORMATION SHEET 164 64

Name: श्री. प्रशांत नखडे वय-40 64  
Mobile Number: 989093141 कुर्विदि, कॉलेज

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	73.5	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	19.4	10 - 15	16 - 18	18 +
Muscle %	28.1	M = 33 - 36 F = 30 - 33		
Body FAT %	30.6	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	14.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1612	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	27.7	20 - 23	23 - 25	25+
Metabolic Age	52	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins


*Obesity offers a fertile ground for these lifestyle diseases*

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*






**HEALTH Coaching Class**  
 Chandrakant Gaikwad  
 Mo. 9420917530  
 9284718948


6110122 CUSTOMER INFORMATION SHEET 152-64  
 Name: या. ज्ञानेश्वर जाधव वय - 36 48  
 Mobile Number: 8857934675 कडवाडी, कोकण  
**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	59.7	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	28.9	10 - 15	16 - 18	18 +
Muscle %	21.9	M = 33 - 36 F = 30 - 33		
Body FAT %	38.0	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	7.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1229	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	25.8	20 - 23	23 - 25	25+
Metabolic Age	49	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**  
 Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**  
 Fats } Diabetes  
 Salt } BP  
 Sugar } Heart Problem  
 Carbs } Cancer  
 Pesticides } Stroke  
 Proteins } Low Energy  
 Vitamins } Low Immunity  
 Minerals } Malnutrition  
 Fiber } Indigestion/Constipation/Acidity  
 Herbs } Hairfall  
 Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No  
 \* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*


**HEALTH Coaching Class**  
 Chandrakant Gaikwad  
 Mo. 9420917530  
 9284718948


6110122 CUSTOMER INFORMATION SHEET 152-65  
 Name: Prakash Karole Age 41 65 Kgs  
 Mobile Number: 7385226014 कडवाडी, कोकण  
**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	80.7	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	24.6	10 - 15	16 - 18	18 +
Muscle %	24.9	M = 33 - 36 F = 30 - 33		
Body FAT %	39.1	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	19.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1673	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	24.6	20 - 23	23 - 25	25+
Metabolic Age	67	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**  
 Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**  
 Fats } Diabetes  
 Salt } BP  
 Sugar } Heart Problem  
 Carbs } Cancer  
 Pesticides } Stroke  
 Proteins } Low Energy  
 Vitamins } Low Immunity  
 Minerals } Malnutrition  
 Fiber } Indigestion/Constipation/Acidity  
 Herbs } Hairfall  
 Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No  
 \* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*


**HEALTH Coaching Class**  
 Chandrakant Gaikwad  
 Mo. 9420917530  
 9284718948


5110122 CUSTOMER INFORMATION SHEET 152-65  
 Name: Sarjendra Bagal Age 62 66 Kgs  
 Mobile Number: 9423379405 कडवाडी  
**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	67.4	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	16.8	10 - 15	16 - 18	18 +
Muscle %	28.1	M = 33 - 36 F = 30 - 33		
Body FAT %	27.4	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	12.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1525	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	24.5	20 - 23	23 - 25	25+
Metabolic Age	58	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**  
 Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**  
 Fats } Diabetes  
 Salt } BP  
 Sugar } Heart Problem  
 Carbs } Cancer  
 Pesticides } Stroke  
 Proteins } Low Energy  
 Vitamins } Low Immunity  
 Minerals } Malnutrition  
 Fiber } Indigestion/Constipation/Acidity  
 Herbs } Hairfall  
 Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No  
 \* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*


**HEALTH Coaching Class**  
 Chandrakant Gaikwad  
 Mo. 9420917530  
 9284718948

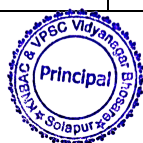
5110122 CUSTOMER INFORMATION SHEET 152-65  
 Name: पंडित विक्रम वय 48 65 Kgs  
 Mobile Number: 9604825005 कडवाडी, कोकण  
**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	89.5	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	20.6	10 - 15	16 - 18	18 +
Muscle %	27.3	M = 33 - 36 F = 30 - 33		
Body FAT %	32.3	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	16.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1696	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	29.2	20 - 23	23 - 25	25+
Metabolic Age	59	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**  
 Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**  
 Fats } Diabetes  
 Salt } BP  
 Sugar } Heart Problem  
 Carbs } Cancer  
 Pesticides } Stroke  
 Proteins } Low Energy  
 Vitamins } Low Immunity  
 Minerals } Malnutrition  
 Fiber } Indigestion/Constipation/Acidity  
 Herbs } Hairfall  
 Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No  
 \* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*





यहाँ आपके जिनगी में नयी दिशा.....

**HEALTH** Chandrakant Galkwad  
Mo. 9420917530  
9284718948

**Coaching Class**

7/10/22 **CUSTOMER INFORMATION SHEET** 167 67

Name: श्री. आकाश गोपाळ वय-42 67

Mobile Number: 9855849763 कुडवाडि, कोल्हा

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	83.9	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	20.7	10 - 15	16 - 18	18 +
Muscle %	27.8	M = 33 - 36 F = 30 - 33		
Body FAT %	31.9	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	17.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1769	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	30.1	20 - 23	23 - 25	25+
Metabolic Age	58	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Obesity offers a fertile ground for these lifestyle diseases

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आपके जिनगी में नयी दिशा.....

**HEALTH** Chandrakant Galkwad  
Mo. 9420917530  
9284718948

**Coaching Class**

7/10/22 **CUSTOMER INFORMATION SHEET** 168 66

Name: श्री. सोमनाथ दिरसागर वय-40 68

Mobile Number: 9923627875 कुडवाडि, कोल्हा

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	100.2	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	25.0	10 - 15	16 - 18	18 +
Muscle %	25.7	M = 33 - 36 F = 30 - 33		
Body FAT %	37.1	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	24.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1384	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	35.5	20 - 23	23 - 25	25+
Metabolic Age	66	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Obesity offers a fertile ground for these lifestyle diseases

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आपके जिनगी में नयी दिशा.....

**HEALTH** Chandrakant Galkwad  
Mo. 9420917530  
9284718948

**Coaching Class**

7/10/22 **CUSTOMER INFORMATION SHEET** 165 63

Name: श्री. अशोक विठ्ठल - वय 39 65

Mobile Number: 9850181874 कुडवाडि, कोल्हा

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	83.8	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	21.8	10 - 15	16 - 18	18 +
Muscle %	27.1	M = 33 - 36 F = 30 - 33		
Body FAT %	33.8	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	17.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1757	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	30.8	20 - 23	23 - 25	25+
Metabolic Age	58	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Obesity offers a fertile ground for these lifestyle diseases

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आपके जिनगी में नयी दिशा.....

**HEALTH** Chandrakant Galkwad  
Mo. 9420917530  
9284718948

**Coaching Class**

7/10/22 **CUSTOMER INFORMATION SHEET** 164 67

Name: श्री. राहुल पवार - वय-26 64

Mobile Number: 8888965254 कुडवाडि, कोल्हा

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	51.3	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	10.4	10 - 15	16 - 18	18 +
Muscle %	34.4	M = 33 - 36 F = 30 - 33		
Body FAT %	18.4	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	3.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1318	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	19.1	20 - 23	23 - 25	25+
Metabolic Age	19	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Obesity offers a fertile ground for these lifestyle diseases

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*





यहाँ जानेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Gaikwad  
Coaching Class Mo. 9420917530  
9284718948

7/10/22 CUSTOMER INFORMATION SHEET 160 63

Name: श्री. प्रशांत होनवडे वय - 50 60 63  
Mobile Number: 9923869610 कुडवाडी, कोणिके

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	61.1	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	14.8	10 - 15	16 - 18	18 +
Muscle %	23.4	M = 33 - 36 F = 30 - 33		
Body FAT %	24.0	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	10.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1441	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	23.9	20 - 23	23 - 25	25+
Metabolic Age	48	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  
 Acidity  
 Indigestion  
 Gases  
 Low Energy  
 Constipation  
 Piles  
 Stress  
 Hair Loss  
 Black Circles  
 Pimples  
 Pigmentation  
 Migrain

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ जानेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Gaikwad  
Coaching Class Mo. 9420917530  
9284718948

7/10/22 CUSTOMER INFORMATION SHEET 151 69

Name: श्री. पुष्पाजी पवार - वय - 64 51  
Mobile Number: 9888896 कुडवाडी, कोणिके

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	65.2	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	20.1	10 - 15	16 - 18	18 +
Muscle %	24.5	M = 33 - 36 F = 30 - 33		
Body FAT %	31.7	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	19.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1460	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	28.6	20 - 23	23 - 25	25+
Metabolic Age	66	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  
 Acidity  
 Indigestion  
 Gases  
 Low Energy  
 Constipation  
 Piles  
 Stress  
 Hair Loss  
 Black Circles  
 Pimples  
 Pigmentation  
 Migrain

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ जानेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Gaikwad  
Coaching Class Mo. 9420917530  
9284718948

7/10/22 CUSTOMER INFORMATION SHEET 173 69

Name: श्री. जेजुरी कांबडे वय - 51 73  
Mobile Number: 9890399031 कुडवाडी, कोणिके

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	90.8	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	21.3	10 - 15	16 - 18	18 +
Muscle %	27.5	M = 33 - 36 F = 30 - 33		
Body FAT %	32.9	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	19.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1870	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	30.3	20 - 23	23 - 25	25+
Metabolic Age	65	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  
 Acidity  
 Indigestion  
 Gases  
 Low Energy  
 Constipation  
 Piles  
 Stress  
 Hair Loss  
 Black Circles  
 Pimples  
 Pigmentation  
 Migrain

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ जानेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Gaikwad  
Coaching Class Mo. 9420917530  
9284718948

7/10/22 CUSTOMER INFORMATION SHEET 167 70

Name: श्री. गणेश उलगा वय - 49 67  
Mobile Number: 9822425143 कुडवाडी, कोणिके

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	77.5	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	19.8	10 - 15	16 - 18	18 +
Muscle %	27.6	M = 33 - 36 F = 30 - 33		
Body FAT %	31.3	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	15.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1670	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	27.8	20 - 23	23 - 25	25+
Metabolic Age	58	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  
 Acidity  
 Indigestion  
 Gases  
 Low Energy  
 Constipation  
 Piles  
 Stress  
 Hair Loss  
 Black Circles  
 Pimples  
 Pigmentation  
 Migrain

**EXCESSES OR DEFICIENCIES**

Fats } Diabetes  
Salt } BP  
Sugar } Heart Problem  
Carbs } Cancer  
Pesticides } Stroke

Proteins } Low Energy  
Vitamins } Low Immunity  
Minerals } Malnutrition  
Fiber } Indigestion/Constipation/Acidity  
Herbs } Hairfall  
Water } Early Aging/Toxins

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*





यहाँ आनेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Galkwad  
Coaching Class Mo. 9420917530  
9284718948

CUSTOMER INFORMATION SHEET **176 70**

Name: **श.ि. सपाद्यान बाबा - वय - 38** 70  
Mobile Number: **8956139575** कुडवाडी, कोणजे

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	69.2	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	16.4	10 - 15	16 - 18	18 +
Muscle %	30.5	M = 33 - 36 F = 30 - 33		
Body FAT %	26.8	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	9.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1576	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	23.9	20 - 23	23 - 25	25+
Metabolic Age	44	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats  Diabetes  
Salt  BP  
Sugar  Heart Problem  
Carbs  Cancer  
Pesticides  Stroke

Proteins  Low Energy  
Vitamins  Low Immunity  
Minerals  Malnutrition  
Fiber  Indigestion/Constipation/Acidity  
Herbs  Hairfall  
Water  Early Aging/Toxins

Obesity officers a fertile ground for these lifestyle diseases

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आनेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Galkwad  
Coaching Class Mo. 9420917530  
9284718948

CUSTOMER INFORMATION SHEET **168 71**

Name: **श.ि. सेगोप हाकर वय - 50** 68  
Mobile Number: **9421024024** कुडवाडी, कोणजे

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	70.2	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	21.1	10 - 15	16 - 18	18 +
Muscle %	26.8	M = 33 - 36 F = 30 - 33		
Body FAT %	35.0	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	11.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1541	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	24.9	20 - 23	23 - 25	25+
Metabolic Age	55	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats  Diabetes  
Salt  BP  
Sugar  Heart Problem  
Carbs  Cancer  
Pesticides  Stroke

Proteins  Low Energy  
Vitamins  Low Immunity  
Minerals  Malnutrition  
Fiber  Indigestion/Constipation/Acidity  
Herbs  Hairfall  
Water  Early Aging/Toxins

Obesity officers a fertile ground for these lifestyle diseases

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आनेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Galkwad  
Coaching Class Mo. 9420917530  
9284718948

CUSTOMER INFORMATION SHEET **162 71**

Name: **श.ि. विहार शिंदे - वय - 43** 62  
Mobile Number: **9421075485** कुडवाडी, कोणजे

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	71.8	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	18.5	10 - 15	16 - 18	18 +
Muscle %	28.3	M = 33 - 36 F = 30 - 33		
Body FAT %	29.2	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	14.0	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1591	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	27.4	20 - 23	23 - 25	25+
Metabolic Age	52	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats  Diabetes  
Salt  BP  
Sugar  Heart Problem  
Carbs  Cancer  
Pesticides  Stroke

Proteins  Low Energy  
Vitamins  Low Immunity  
Minerals  Malnutrition  
Fiber  Indigestion/Constipation/Acidity  
Herbs  Hairfall  
Water  Early Aging/Toxins

Obesity officers a fertile ground for these lifestyle diseases

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

यहाँ आनेपर जिंदगी मिलेगी दोबारा.....

**HEALTH** Chandrakant Galkwad  
Coaching Class Mo. 9420917530  
9284718948

CUSTOMER INFORMATION SHEET **169 72**

Name: **श.ि. सचिन जोशी - वय - 38** 69  
Mobile Number: **968916589** कुडवाडी, कोणजे

**BODY COMPOSITION ANALYSIS**

PARAMETER		Normal	High	Risk
Weight (Kgs)	69.6	M = Height cms Minus 100 F = Height in cms Minus 104		
Subcutaneous Trunk Fat %	18.2	10 - 15	16 - 18	18 +
Muscle %	29.3	M = 33 - 36 F = 30 - 33		
Body FAT %	30.7	M - 14 - 17 F - 20 - 23	18 - 28 24 - 25	25+ 35+
Visceral FAT %	9.5	2 - 8	9 - 14	15+
Resting Metabolism (RM)	1561	M = 1800 - 2000 F = 1600 - 1800		
Body Mass Index (BM)	24.4	20 - 23	23 - 25	25+
Metabolic Age	46	Should be same as your Actual Age		

**TICK ONE OR MORE RELATED TO YOU**

Weakness  Diabetes  
 Acidity  Heart Related Problems  
 Indigestion  Low B.P.  
 Gases  High B.P.  
 Low Energy  Spondylitis  
 Constipation  Neck Pain  
 Piles  Back Pain  
 Stress  Lower Back Pain  
 Hair Loss  Leg Muscle Pain  
 Black Circles  Arthritis  
 Pimples  Thyroid  
 Pigmentation  Headache  
 Migrain  Sinus

**EXCESSES OR DEFICIENCIES**

Fats  Diabetes  
Salt  BP  
Sugar  Heart Problem  
Carbs  Cancer  
Pesticides  Stroke

Proteins  Low Energy  
Vitamins  Low Immunity  
Minerals  Malnutrition  
Fiber  Indigestion/Constipation/Acidity  
Herbs  Hairfall  
Water  Early Aging/Toxins

Obesity officers a fertile ground for these lifestyle diseases

Are you undergoing any Medication ? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*





Chandrakant Gaikwad  
Mo. 9420917530  
9284718948

## HEALTH Coaching Class

CUSTOMER INFORMATION SHEET 168 74

Name: डॉ. महोदय योगेश चं. 46  
Mobile Number: 9420917530

### BODY COMPOSITION ANALYSIS

PARAMETER	Normal	High	Risk
Weight (Kgs)	72.2		
Subcutaneous Trunk Fat %	18.0		
Muscle %	29.2		
Body FAT %	28.3		
Visceral FAT %	15.5		
Resting Metabolism (RM)	1738		
Body Mass Index (BM)	28.6		
Metabolic Age	56		

Actual Age: 44

Are you undergoing any Medication? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

Chandrakant Gaikwad  
Mo. 9420917530  
9284718948

## HEALTH Coaching Class

CUSTOMER INFORMATION SHEET 168 74

Name: डॉ. महोदय योगेश चं. 46  
Mobile Number: 9420917530

### BODY COMPOSITION ANALYSIS

PARAMETER	Normal	High	Risk
Weight (Kgs)	80.6		
Subcutaneous Trunk Fat %	18.4		
Muscle %	29.2		
Body FAT %	28.3		
Visceral FAT %	15.5		
Resting Metabolism (RM)	1738		
Body Mass Index (BM)	28.6		
Metabolic Age	56		

Actual Age: 44

Are you undergoing any Medication? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

Chandrakant Gaikwad  
Mo. 9420917530  
9284718948

## HEALTH Coaching Class

CUSTOMER INFORMATION SHEET 167 73

Name: डॉ. सोदेश गायकवाड चं. 36  
Mobile Number: 9420917530

### BODY COMPOSITION ANALYSIS

PARAMETER	Normal	High	Risk
Weight (Kgs)	49.4		
Subcutaneous Trunk Fat %	16.0		
Muscle %	30.5		
Body FAT %	28.7		
Visceral FAT %	4.0		
Resting Metabolism (RM)	1257		
Body Mass Index (BM)	19.1		
Metabolic Age	28		

Actual Age: 28

Are you undergoing any Medication? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*

Chandrakant Gaikwad  
Mo. 9420917530  
9284718948

## HEALTH Coaching Class

CUSTOMER INFORMATION SHEET 167 73

Name: डॉ. राजागाड नेके चं. 52  
Mobile Number: 9767248232

### BODY COMPOSITION ANALYSIS

PARAMETER	Normal	High	Risk
Weight (Kgs)	58.2		
Subcutaneous Trunk Fat %	16.7		
Muscle %	28.7		
Body FAT %	28.7		
Visceral FAT %	7.0		
Resting Metabolism (RM)	1397		
Body Mass Index (BM)	21.2		
Metabolic Age	45		

Actual Age: 45

Are you undergoing any Medication? Yes / No

\* Thank You - We will be Happy to help you achieve a healthy Active Lifestyle \*





**K.N. Bhise Arts, Commerce and Vinayakrao Patil Science  
College, Vidyanagar, Bhosare (Kurduwadi)**

Name of the Department - Gymkhana/ physical-Edu. and sports .

Name of the activity - Health Check-up (BMI-checking)

Teacher In charge - Dr. P. I. Tambile

Date - 6/10/2022  
07/10/2022

Sr.No	Name of the student/Teacher	Signature
1)	Dr. Sachin Londhe	
2)	Mr. M.M. Patil	
3)	Dr. S.S. Kshirsagar	
4)	Mrs. Shinde V.S.	
5)	Dr. Anupama P. Pol	
6)	Snehalata Jadhav	
7)	Dr. Waghmare V.B.	
8)	Dr. Dehmukh N.D.	
9)	Kadam A.H.	
10)	B.R. Shejvy	
11)	Dr. Patil Ranjeet Ramesh	
12)	A.M. Goyal	
13)	P.K. Namchade	
14)	V.S. Shinde	
15)	K.R. Gilbile.	
16)	P.I. Tambile	
17)		
18)		
19)		
20)		
21)		
22)		

